APRIL/MAY 2019 Holy Trinity Episcopal Church

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Holy Week Schedule

Palm Saturday, April 13 5:00pm Palm Sunday Liturgy and Eucharist (Church) Palm Sunday, April 14: 7:30, 9:00, & 11:15am Palm Sunday Liturgy and Eucharist (Church)

Monday, April 15

6:30pm Tenebrae Service (Church): A candlelight service that is quiet and poetic

Wednesday, April 17

- 7:00am Holy Eucharist (Church): The story of Judas' betrayal
- 10:30am Holy Eucharist / Healing (Church): The story of Judas' betraval

Maundy Thursday, April 18

6:30pm Holy Eucharist with Footwashing (Church): Special Music, special Children's Chapel, ends with dramatic stripping of the altar

Good Friday, April 19

12:00pm Meditations on the 7 Last Words of Christ (Church): A community service with special music and participation by clergy from area churches 2:30pm Stations of the Cross (Church) 6:30pm Good Friday Family Service (Church)

Celebrate Easter at HOLY TRINI Saturday, April 20 6:30pm Easter Vigil (Church) followed by an **ICE CREAM SOCIAL!** Sunday, April 21 7:30am Holy Eucharist - Rite I (Church) 9:00am Holy Eucharist - Rite II (Church) 9:00am Family & Children's Eucharist (Gym) 10:30am Easter Egg Hunt (School Playground) Holy Eucharist - Rite I (Church) 11:15am





MID-LENT CHECK UP

I am writing this on Day 19 of Lent. Now that we are at the half-way point of our 40 day journey, it's time to check in and see how we are doing with our Lenten disciplines. Some people give up something for Lent. Others take on something new or special for the season. For some people, Lent becomes an opportunity to practice "right living" – eat healthy foods and get more exercise – perhaps lose a few pounds. Whatever you chose to do this year, how is it going? Are you keeping up with your discipline? How is your discipline impacting your life?

As I prepared for Lent this year, I was particularly inspired by a prayer by Archbishop of Canterbury, Justin Welby. Here it is:

Loving God, I commit this season of Lent to you And ask you to show me what I need to turn away from, And what I need to turn towards. Shine your loving light in those dark parts of my hearts, And bring new life, new hope and new possibilities. Help me to walk more closely with Jesus, To know that I am deeply loved, And to share his love with others. Amen.

After praying this prayer, I chose two disciplines for Lent this year, one thing to give up and one thing to take on. I know from experience that it is wise to keep Lent simple and not stray too far from the ordinary. After all, Jesus walks with us every day, through all the ordinary parts of life. And part of the purpose of our Lenten disciplines is to see Jesus more clearly in our daily lives. So I chose to give up alcoholic beverages. At our house, that means drinking more hot tea. It is a gentle reminder of Lent. I also chose to try something new – doing yoga at home. I have been participating in the Monday evening yoga classes at church for over 2 years, but I had not tried it on my own at home. So I cleared some space in a spare bedroom and rolled out my yoga mat. Sometimes in the morning and sometimes in the evening, there I am. Here is what I have learned. 1) We have excellent yoga teachers at church and remembering how to do the postures is easier than I expected. 2) I pray more easily when I give my body something to do. 3) This (almost) daily practice is helping me feel stronger in body, mind and spirit.

So how are you doing? If you didn't really get started on Lent, or if it isn't going well, then it's not too late to give up something or take on something for the remaining days until Easter. Pray the prayer from Archbishop Welby. See how God directs you. And then walk with Jesus along the journey.

Finally, plan to make as many of the Holy Week services part of your Lenten journey as possible. The front cover of the newsletter gives you all the details of the services and times. If you have any questions, please feel free to ask me or any of the clergy.

My Lenten prayer for each of you is simply that you find a way to meet with Jesus each day. If your life is passing through a stormy season, then know that Jesus is there in the boat with you to bring peace. If your life has hit a dry spell, then know that Jesus is there in the desert with you to bring living water. I'd love to know more about how your Lenten disciplines have impacted you this year. Please call or email with your thoughts, ideas and prayers.

Blessings,

Rev. Pam

Holy Trinity Episcopal Church h



Join the Palm Cross FUN!

Thursday, April 11 at 9:00am

We'll be getting together to make Palm Crosses which will be delivered to all the patients in Holmes and Palm Bay Hospitals, and residents of Buena Vida on Palm Sunday. NO EXPERIENCE IS NECESSARY - we'll show you how! Please meet in Lewis Hall on Thursday, April 11 at 9:00am. Please bring scissors!! Coffee and brunch-like goodies will be provided. Sign up in the Narthex or call the church office (723-5272)! **HELP US PREPARE THE PALMS:** We'll be stripping the palms ahead of time on Tuesday, April 9 in the Lewis Hall courtyard at 10:00am. Please join us (and please bring scissors!)



Please help the Flower Guild prepare for Palm Sunday! We'll meet on Friday, April 12 at 8:00am in the St. Francis Garden. No experience is required. Any questions? Call Nance Burroughs at 321-917-5171.

Help Decorate for Easter

"The earth laughs in flowers." - Ralph Waldo Emerson

Plans are underway to decorate our church for Easter. Will you help the Flower Guild? No experience is necessary - we will train you.

Work days: Thursday, April 18, 1:30-6:00pm; Friday, April 19, 9:00am - noon to design and prepare the arrangements

Saturday, April 20, 9:00am to place the arrangements throughout the church

A sign-up sheet is in the narthex. Please let us know if you can help us. We deeply appreciate any assistance.

For more information, contact Geri Riley 321-258-4789 or Nance Burroughs 321-917-5171.



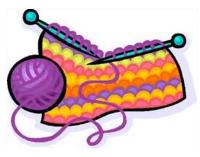


| 5:30-6:00p | Prayer Service |
|------------|--|
| 5:00-6:00p | Trinity Ringers Bell Choir Rehearsal |
| 6:00-6:45p | Buffet Dinner - Upcoming Menus: |
| | 13 & 10: Two choices of soup (one of which will be |
| meat | eless), salad, and bread |
| • Mav | 1 & 8 . Delicious meals to be announced |

- May 1 & 8: Delicious meals to be announced
- 6:15-7:45p Frolic Nursery Care
- 6:30-7:45p LiftUp Young Lives, Treasure Kids Club, Youth Group, Family Choir
- **6:45-7:45p Bible Studies:** *Lenten Bible Study* (April 3 & 10), then Health Forums, see page 8 (May 1 & 8) <u>or</u> *Spiritual Formation and Healing Prayer with Fr. Steve*

Prayer Shawl Ministry

The Holy Trinity Prayer Shawl Ministry meets on the 4th Tuesday of every month in the Library in Lewis Hall from 10:00am to Noon. After the shawls are blessed in a church service, they are given to members of the parish, family members, or friends, either in the hospital, in nursing homes, or at home. If you can knit or crochet,



your talents are needed. However, if you have never knit or crocheted, we will teach you the basics. Materials are available in the church office. If you are unable to attend the monthly gathering, but like to knit or crochet, why not work on prayer shawls at home?

Don't know where to start? Check out the following website for easy patterns and suggested prayers to offer: www.shawlministry.com/tipsheet. Questions? Contact Beverly Lewis (777-1270).

Easter Memorial Flowers

If you wish to place memorial flowers on the altar for Easter, please fill out this form and return it to: **Holy Trinity Episcopal Church, Attn: EASTER FLOWERS, 1830 S. Babcock Street, Melbourne, FL 32901.** Or, you can deliver this form to the Church Office or place it in the offering plate during a service **NO LATER than Monday, April 15**. A donation is customary. Please make all checks payable to Holy Trinity. Call Bonnie Register at 725-4711 with questions.

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| PLEASE PRINT | ΓΓΙΕΔΡΙΥΙ |
| | |

In loving memory of:

In thanksgiving for: _____

Given by: _

VBS 2019!

To Mars & Beyond!

June 17-21, 9am-12pm

Vacation Bible School will travel **To Mars and Beyond!** For all children ages 3 years through completed 5th grade. Join us for an exciting adventure as we explore where God's power can take us! Registration opens May 1 at holytrinitymelbourne.org. *"Glory to God, who is able to do far beyond all that we could ask or imagine by his power at work within us!"* Ephesians 3:20

Palm Sunday Graft Dayl Sunday, April 14 at 10:30am in the Parish Hall

All children are invited to join us for Easter Crafts and making new decorations for our Easter Gym service after the 9:00am worship service on April 14! Please sign up in the Narthex by Sunday, April 7 or e-mail acain@ holytrinitymelbourne.org so we will be sure to have enough supplies. We will also enjoy special Palm Sunday snacks on this last Sunday before Easter!

Youth Group Upcoming Dates

- April 6 Youth volunteers needed for Parents' Night Out from 6:00-10:00pm. See KC to sign up and reserve your pizza/ volunteer slot!
- April 21 Easter Egg Hiders! Youth are needed to hide Easter Eggs during the 9:00am gym service. We'll also need help collecting the eggs and handing out prizes. Stay to help clean up from the hunt and the gym service and earn double service hours!
- April 27 Day at the Zoo!
- May 12 Host Coffee Hour to Celebrate our Moms!
- May 19 End of Sunday School Year Celebration in the Courtyard
- May 19 Graduate recognition Sunday at the 9am service
- June 17-21 Vacation Bible School, We need YOUR help!
- May 22 Exam Study Hall on our Last Wednesday Youth Group meeting before Summer Break, Lewis Hall 6 - 8pm

Holy Week for Families with Children!

Families are always welcome at ALL Holy Trinity services, however we want to note that there will be a special Children's Chapel during the Maundy Thursday service on April 18, and also an abbreviated Good Friday service at 6:30pm. Also, be sure not to miss the Easter Vigil on Saturday, April 20 at 6:30pm, complete with Ice Cream Social following the service!

Sunday School Teacher Recognition & End of the Sunday School Year Party!



Join us at the 9:00am service on May 19, as we give thanks for our Sunday School teachers. Following the service we will celebrate with a waterslide in the courtyard! Everyone is invited to bring a finger food to share. Thanks to all of the Sunday School teachers, snack volunteers and families for supporting our Sunday School program this year. Remember your swimsuit, sunscreen, and towel!



| June 16-21 | Camp St. Barnabas (Filidule School Campers - entering Grades 6- |
|------------|---|
| June 23-28 | Camp Trinity (Elementary Campers - entering Grades 3-5) |

July 7-12 Camp St. Peter (Senior High Campers - entering Grades 9-12)

July 14-19 Camp St. Francis (Middle School Campers - entering Grades 6-8)

July 21-26 Camp St. Mary (Elementary Campers - entering Grades 3-5)

For more information, visit www.campwingmann.org. Registration is open!



APRIL 2019

MONDAY, 4/1

11:00a Bible Study (LH) 1:00p Exercise Class (LH) 6:00p Yoga for Health (LH)

TUESDAY, 4/2

Co-Rectors' Day Off 11:00a Coloring the Scriptures (LH)

WEDNESDAY, 4/3

7:00a Holy Eucharist (Church)
10:00a Linen Guild (LH)
10:30a HE/Healing (Church)
11:30a Bible Study (LH)
5:00p Handbell Rehearsal (LWR)
5:30p Prayer Service (Church)
6:00p Buffet Dinner (PH)
6:15p Nursery Care (Nursery)
6:30p Treasure Kids Club (Pearson)
6:30p Youth Group (LH)
6:30p Eamily Choir (LWR)
6:30p LiftUp Young Lives (LH)
6:45p Healing Prayer Group (PR)

THURSDAY, 4/4

9:30a Staff Meeting (LH)

<u>FRIDAY, 4/5</u>

Assistant Rector's Day Off

SATURDAY, 4/6

3:30p Accidental Grace Practice 4:30p BP Screenings (Narthex) 5:00p Holy Eucharist - Rite II

6:00p Parents' Night Out (Intracoastal Brewery)

SUNDAY, 4/7: LENT 5

7:30a Holy Eucharist - Rite I 8:15a BP Screenings (Narthex) 9:00a Holy Eucharist - Rite II 9:15a Chapel (Nursery) 10:30a Youth Group (LH) 10:30a Sunday School (Pearson) 10:30a Adult Sunday School (PH) 11:15a Holy Eucharist - Rite I

MONDAY, 4/8

11:00a Bible Study (LH) 1:00p Exercise Class (LH) 6:00p Yoga for Health (LH)

TUESDAY, 4/9

Co-Rectors' Day Off 9:30a St. Catherine's Guild (LH) 11:00a Coloring the Scriptures (LH)

WEDNESDAY, 4/10

7:00a Holy Eucharist (Church) 9:15a Small Group Healing Prayer (Church) 10:30a HE/Healing (Church) 11:30a Bible Study (LH) 5:00p Handbell Rehearsal (LWR) 5:30p Prayer Service (Church) 6:00p Buffet Dinner (PH) 6:15p Nursery Care (Nursery) 6:30p Treasure Kids Club (Pearson)

WEDNESDAY, 4/10 (continued)

- 6:30p Youth Group (LH)
 6:30p Family Choir (LWR)
 6:30p LiftUp Young Lives (LH)
 6:45p Buildings & Grounds (LH)
 6:45p Lenten Bible Study (PH)
- 6:45p Healing Prayer Group (PR)

<u>THURSDAY, 4/11</u>

9:00a Palm Cross Folding (LH)

9:30a Staff Meeting (LH) 1:00p Devotion & Bible Study (TTE) 5:30p Finance Meeting (LH) 6:30p Vestry Meeting (LH)

FRIDAY, 4/12

Assistant Rector's Day Off 8:00a Flower Arranging (St. Francis Garden)

<u>SATURDAY, 4/13</u>

3:30p Accidental Grace Practice 5:00p Holy Eucharist - Rite II

PALM SUNDAY, 4/14

7:30a Holy Eucharist - Rite I
9:00a Holy Eucharist - Rite II
9:15a Chapel (Nursery)
10:00a Holy Eucharist (Buena Vida)
10:30a Youth Group (LH)
10:30a Adult Sunday Craft Day (PH)
11:15a Holy Eucharist - Rite I

MONDAY, 4/15

11:00a Bible Study (LH)1:00p Exercise Class (LH)6:30p Tenebrae Service

TUESDAY, 4/16

Co-Rectors' Day Off 10:00a Daughters of the King (LH) 11:00a Coloring the Scriptures (LH) 12:30p Friends at Lunch (TBD)

WEDNESDAY, 4/17

7:00a Holy Eucharist (Church)
10:30a HE/Healing (Church)
5:00p Handbell Rehearsal (LWR)
6:30p Family Choir (LWR)

MAUNDY THURSDAY, 4/18

- 9:30a Staff Meeting (LH)
- 11:00a St. Margaret's Guild (LH)
- 1:30p Flower Arranging (FR)

6:30p Maundy Thursday Service (Church)

GOOD FRIDAY, 4/19

9:00a Flower Arranging (FR)
10:00a Easter Service Gym Set Up (Gym)
12:00p Good Friday Service (Church)
2:30p Stations of the Cross (Church)
6:30p Good Friday Family Service (Church)
HOLY SATURDAY 4/20

HOLY SATURDAY, 4/20

9:00a Flower Arranging (FR) 6:30p Easter Vigil

7:45p Reception (PH)

EASTER SUNDAY, 4/21

- 7:30a Holy Eucharist Rite I
- 9:00a Holy Eucharist Rite II
- 9:00a Holy Eucharist Rite II (Gym)
- **10:30a Easter Egg Hunt (School Field)** 11:15a Holy Eucharist - Rite I

11.19a Holy Euclianst - Kite

MONDAY, 4/22

CHURCH OFFICE CLOSED 6:00p Yoga for Health (LH)

TUESDAY, 4/23

Co-Rectors' Day Off 8:45a Flower Arranging (FR) 10:00a Prayer Shawl Ministry (LH)

11:00a Coloring the Scriptures (LH)

WEDNESDAY, 4/24

7:00a Holy Eucharist (Church)
10:30a HE/Healing (Church)
5:00p Handbell Rehearsal (LWR)
6:00p Youth Group (LH)
6:00p LiftUp Young Lives (LH)

THURSDAY, 4/25

9:30a Staff Meeting (LH)

FRIDAY, 4/26

Assistant Rector's Day Off

SATURDAY, 4/27

Youth Day at the Zoo

3:30p Accidental Grace Practice 5:00p Holy Eucharist - Rite II

SUNDAY, 4/28

- 7:30a Holy Eucharist Rite I 9:00a Holy Eucharist - Rite II 9:15a Chapel (Nursery)
- 10:30a Youth Group (LH)
- 10:30a Sunday School (Pearson)
- 10:30a Adult Sunday School (PH)

11:15a Holy Eucharist - Rite I

MONDAY, 4/29

8:45a Flower Arranging (FR)

- 11:00a Bible Study (LH)
- 1:00p Exercise Class (LH)
- 6:00p Yoga for Health (LH)

<u>TUESDAY, 4/30</u>

Co-Rectors' Day Off 11:00a Coloring the Scriptures (LH)

GUIDE

(Pearson) = Pearson Hall (LH) = Lewis Hall (PH) = Parish Hall (FR) = Flower Room (PR) = Prayer Room (TTE) = Trinity Towers East (LWR) = Lou West Music Room

MAY 2019

WEDNESDAY, 5/1

7:00a Holy Eucharist (Church)
9:15a Small Group Healing Prayer (Church)
10:00a Linen Guild (LH)
10:30a HE/Healing (Church)
11:30a Bible Study (LH)
5:00p Handbell Rehearsal (LWR)
5:30p Prayer Service (Church)
6:00p Buffet Dinner (PH)
6:15p Nursery Care (Nursery)
6:30p Treasure Kids Club (Pearson)
6:30p Family Choir (LWR)
6:30p LiftUp Young Lives (LH)
6:45p Health Forum (PH)
6:45p Healing Prayer Group (PR)

THURSDAY, 5/2

9:30a Staff Meeting (LH)

FRIDAY, 5/3

Assistant Rector's Day Off

SATURDAY, 5/4

- UNITED THANK OFFERING
 3:30p Accidental Grace Practice
 4:30p BP Screenings (Narthex)
 5:00p Holy Eucharist Rite II, LiftUp Graduation
- 6:30p Murder Mystery Dinner (Gym)

SUNDAY, 5/5

UNITED THANK OFFERING 7:30a Holy Eucharist - Rite I 8:15a BP Screenings (Narthex) 9:00a Holy Eucharist - Rite II 9:15a Chapel (Nursery) 10:30a Youth Group (LH) 10:30a Sunday School (Pearson) 10:30a Adult Sunday School (PH) 11:15a Holy Eucharist - Rite I

<u>MONDAY, 5/6</u>

8:45a Flower Arranging (FR)
11:00a Bible Study (LH)
1:00p Exercise Class (LH)
6:00p Yoga for Health (LH)
6:15p HTEC Foundation (LH)

TUESDAY, 5/7

Co-Rectors' Day Off 11:00a Coloring the Scriptures (LH)

WEDNESDAY, 5/8

7:00a Holy Eucharist (Church)
10:30a HE/Healing (Church)
11:30a Bible Study (LH)
5:00p Handbell Rehearsal (LWR)
5:30p Prayer Service (Church)
6:00p Buffet Dinner (PH)
6:15p Nursery Care (Nursery)
6:30p Treasure Kids Club (Pearson)
6:30p Youth Group (LH)
6:30p Family Choir (LWR)
6:45p Health Forum (PH)
6:45p Buildings & Grounds (LH)

<u>THURSDAY, 5/9</u>

9:30a Staff Meeting (LH)1:00p Devotion & Bible Study (TTE)5:30p Finance Meeting (LH)

6:30p Vestry Meeting (LH)

FRIDAY, 5/10

Assistant Rector's Day Off 4:30p Boy Scout Spaghetti Dinner (LH)

SATURDAY, 5/11

3:30p Accidental Grace Practice 5:00p Holy Eucharist - Rite II

SUNDAY, 5/12: Mother's Day

7:30a Holy Eucharist - Rite I 9:00a Holy Eucharist - Rite II 9:15a Chapel (Nursery) 10:30a Adult Sunday School (PH) 11:15a Holy Eucharist - Rite I

MONDAY, 5/13

8:45a Flower Arranging (FR) 11:00a Bible Study (LH) 1:00p Exercise Class (LH) 6:00p Yoga for Health (LH)

TUESDAY, 5/14

Co-Rectors' Day Off 11:00a St. Catherine's Lunch (Olive Garden) 11:00a Coloring the Scriptures (LH)

WEDNESDAY, 5/15

7:00a Holy Eucharist (Church)
10:30a HE/Healing (Church)
11:30a Bible Study (LH)
5:00p Handbell Rehearsal (LWR)
6:00p Youth Group (LH)
6:30p Family Choir (LWR)

THURSDAY, 5/16

9:30a Staff Meeting (LH) 12:00p St. Margaret's Lunch (Red Ginger) 6:00p Health Ministry (LH)

FRIDAY, 5/17

JUNE/JULY NEWSLETTER DEADLINE Assistant Rector's Day Off

SATURDAY, 5/18

3:30p Accidental Grace Practice 5:00p Holy Eucharist - Rite II & **Graduate** Recognition

SUNDAY, 5/19

- **GRADUATE RECOGNITION**
- 7:30a Holy Eucharist Rite I
- 9:00a Holy Eucharist Rite II & Sunday School Teacher Recognition
- 9:15a Chapel (Nursery)
- 10:00a Holy Eucharist (Buena Vida) 10:30a End of the Sunday School Year Party (Courtyard)
- 10:30a Adult Sunday School (PH)
- 11:15a Holy Eucharist Rite I
- 1:00p Benefit Concert fo Candlelighters of of Brevard (Church)

MONDAY, 5/20

- 8:45a Flower Arranging (FR) 11:00a Bible Study (LH) 1:00p Exercise Class (LH)
- 6:00p Yoga for Health (LH)

TUESDAY, 5/21

Co-Rectors' Day Off 10:00a Daughters of the King (LH) 11:00a Coloring the Scriptures (LH)

12:30p Friends at Lunch (TBD)

WEDNESDAY, 5/22

- 7:00a Holy Eucharist (Church)
- 10:30a HE/Healing (Church)
- 11:30a Bible Study (LH)
- 5:00p Handbell Rehearsal (LWR)
- 6:00p Youth Group (LH)
- 6:30p Family Choir (LWR)

THURSDAY, 5/23

9:30a Staff Meeting (LH)

FRIDAY, 5/24

Assistant Rector's Day Off 9:00a Newsletter Folders (LH)

SATURDAY, 5/25

3:30p Accidental Grace Practice 5:00p Holy Eucharist - Rite II

SUNDAY, 5/26

- 7:30a Holy Eucharist Rite I
- 9:00a Holy Eucharist Rite II
- 9:15a Chapel (Nursery)
- 10:30a Youth Group (LH)
- 10:30a Adult Sunday School (PH) 11:15a Holy Eucharist - Rite I

MONDAY, 5/27: Memorial Day

- CHURCH OFFICE CLOSED
- 6:00p Yoga for Health (LH)

<u>TUESDAY, 5/28</u>

- Co-Rectors' Day Off 8:45a Flower Arranging (FR)
- 10:00a Prayer Shawl Ministry (LH)
- 11:00a Coloring the Scriptures (LH)

WEDNESDAY, 5/29

- 7:00a Holy Eucharist (Church)
- 10:30a HE/Healing (Church)
- 11:30a Bible Study (LH)
- 5:00p Handbell Rehearsal (LWR)
- 6:30p Family Choir (LWR)

<u>THURSDAY, 5/30</u>: Ascension Day "THY KINGDOM COMES" BEGINS

9:30a Staff Meeting (LH)

<u>FRIDAY, 5/31</u>

Assistant Rector's Day Off

GUIDE

(Pearson) = Pearson Hall (LH) = Lewis Hall • (PH) = Parish Hall (FR) = Flower Room (PR) = Prayer Room (TTE) = Trinity Towers East (LWR) = Lou West Music Room





LiftUp Young Lives!!!

JOIN US on Saturday, May 4, from 6:30 to 9:30pm for a "Whodunit" Murder Mystery at the Cinco de Mayo Fiesta, set at The Montalbán Hotel. You can sign up to play a part or simply be one of the guests. Either way, it will be so much FUN! We are also excited that we will be celebrating our first LiftUp Young Lives graduating class. Bring your friends and family to enjoy a buffet dinner, dessert, beverages and a fun night out. Register by going to liftupyounglives. org/index.php/events. Tickets are \$35 per person via the registration link.

SAVE THE DATE: Saturday, September 21, 2019: The first annual LiftUp Young Lives Golf Classic will be held on Saturday, September 21 at The Majors in Palm Bay. You can register on our website at holytrinitymelbourne.org.

Health Ministry Offers Programs at WCFN

Because the Moses Bible study will conclude the week before Holy Week, The Holy Trinity Health Ministry will be presenting mini health forums at Whole Church Family Night on May 1 and May 8. The programs will cover body, mind, and spirit. Topics we'll cover:



"The Body Is a Temple" will feature how to make nutritious meals for the empty nesters that don't require a daily cleanup. After cooking for a family for years, cooking for only two often seems like a daunting task, but it doesn't have to be.

"Mindgames" will feature little brain teasers designed to keep our memory sharp, improve focus. While we accomplish these two goals, we'll also have fun.

"And with Thy Spirit" will feature fun, easily performed exercises. One of the many benefits of regular exercise is the release of endorphins by the brain. When you exercise, your body releases chemicals called endorphins. These endorphins interact with the receptors in your brain that reduce your perception of pain. Endorphins also trigger a positive feeling in the body.

Please join us at Whole Church Family Night for this opportunity to learn, have fellowship, and lots of fun.

Blood Pressure Screenings – April 6/7 & May 4/6: Have your blood pressure screened in the Narthex behind a privacy screen. Everyone is welcome, both visitors and parishioners! The schedule is: Saturday, 4:30-6:30pm; Sunday, 8:15am-12:45pm.



MAY 4/5, 2019: Spring Ingathering for UNITED THANK OFFERING "Your Blessings Become Blessings for Others"

LIVES ARE CHANGED IN VERY REAL WAYS: United Thank Offering (UTO) is a ministry of The Episcopal Church for the mission of the whole church. Through United Thank Offering, men, women, and children nurture the habit of giving daily thanks to God. You are never too young or too old to count your

blessings and start a daily spiritual practice. These prayers of thanksgiving start when we recognize and name our many daily blessings. Give THANKS for the good things that happen every day, like sunshine for your family picnic. Give THANKS for the big things like recovery from serious illness. It's suggested that every time you think of something you're thankful for, you say a thankful prayer and drop money in your BLUE BOX. See the UTO Display in the Narthex on 27-28 April for further information. If you have any questions, feel free to call Judy Henderson at 321-327-3175. Please convert your coins into dollars or make a check payable to HOLY TRINITY... with a note "For UTO."

TRIBUNE

Holy Trinity Episcopal Church

THY KINGDOM COME KI

Thy Kingdom Come

Ascension Day, May 30 through the Day of Pentecost, June 9, 2019

Thy Kingdom Come is a global prayer movement, which invites Christians around the world to pray between Ascension and Pentecost for more people to come to know Jesus Christ. The hope is that: people will commit to pray with God's world-wide family - as a church, individually or as a family and that people will be empowered through prayer by the Holy Spirit, finding new confidence to be witnesses for Jesus Christ. Look for more information to come.

Ladies! Save the Date!

There will NOT be a Women's Retreat in 2019!

Save the date for the 2020 Retreat at Canterbury: February 28 - March 1, 2020

GRADUATE RECOGNITION WEEKEND: May 18 & 19



We will be recognizing all of our VPK, 6th grade, high school and college graduates at all worship services the weekend of May 18 & 19. If you, or one of your family members are graduating, please contact the church office and provide us with their name, where

they are graduating from, and with what degree. Thanks!

Holy Trinity Episcopal Church

Bible Verse for 2019: We know that all things work together for good for those who love God, who are called according to his purpose. (Romans 8:28)

Our Mission:

To know Christ and to make Him known.

Our Vision: Every member in ministry.

CLERGY

The Rt. Rev. Gregory O. BrewerBishopThe Rev. Stephen EasterdayCo-RecThe Rev. Pamela EasterdayCo-RecThe Rev. Meghan FarrAssist. IThe Rev. William G. LewisRectorThe Rev. Stacey WestphalDeacor

Barbara Bayley Madelyn Belt Aaron Cain Amy Cain Keith Cain Justin Clermont KC Crawley

Eloise Evans Daniel Farr Benjamin Kubwimana Sharon Lester, Cheryl Stephens Patti Loyd Dale Pierce David Vogeding Carolyn Wilt, RN

Bishop Co-Rector Co-Rector Assist. Rector for Pastoral Care Rector Emeritus Deacon

STAFF

7:30am Organist Financial Assistant Children's Ministry Assistant Substitute Secretary **Financial Administrator** Worship Leader, Dir. of TKC Choir Director of Children, Youth and Family Ministries Family Choir Director Kitchen Manager Youth Ministry Assistant Parish Secretaries **Connections Coordinator** Facilities Manager 9:00 & 11:15am Organist Faith Community Nurse

HOLY TRINITY VESTRY

Mike Crews '21: Sr. Warden Milt Miller '22: Junior Warden Frank Christopian '22: Clerk Kevin Bartczak '20: Treasurer, Thrift Shop, HTEA Gail Pearson: Assistant Treasurer Art Dubois '20: Special Projects Jay Olsson '20: Health Ministry John Seybold '20: Sound System Kevin Arter '21: Hospitality Linda Edwards '21: Newcomers Ted Peters '21: Family Ministry Jeanne Hakkila-Wills '22: Thrift Shop Scott Morgan '22: Stewardship

WORSHIP SCHEDULE

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|------------|-----------------------------|--|
| Sunday: | 7:30am | Holy Eucharist Rite I |
| - | 9:00am | Holy Eucharist Rite II |
| | 11:15am | Holy Eucharist Rite I |
| Wednesday: | 7:00am 10:30am 5:30pm | Holy Eucharist Holy Eucharist & Healing Evening Prayer |
| Saturday: | 5:00pm | Holy Eucharist, Contemporary |

SMALL GROUP HEALING PRAYER will meet on Wednesdays, 4/10 & 5/1 at 9:15am in the church. You are invited to come and join in praying for healing for yourself or someone you love.

PRAYER SHAWL MINISTRY will meet on Tuesdays 4/23 & 5/28 at 10:00am in Lewis Hall. If you don't know how to knit or crochet, we'll be happy to show you how!

MOVEMENT CLASS continues to have fun while getting fit! Won't you join us? Mondays at 1:00pm in Lewis Hall.

YOGA FOR HEALTH continues to meet on Mondays at 6:00-7:15pm in Lewis Hall. This is a traditional Hatha Yoga program to strengthen the body and mind for service to the Lord. Suggested donation: \$5. For info and to sign up, call the office: 723-5272.

REV. PAM'S BIBLE STUDY meets on Mondays at 11:00am in Lewis Hall. They will finish their Lenten study on April 15, and will begin a new study of Genesis on April 29. Questions? Ask Rev. Pam.

FR. STEVE'S BIBLE STUDY meets on Wednesdays at 11:30am in Lewis Hall. They will finish their Lenten study on April 10, and will begin a new study of Galatians on May 1. All are invited! Questions? Ask Fr. Steve.

ADULT SUNDAY SCHOOL continues their study of the Book of Hebrews after the 9:00am service in the parish hall. For more information contact Jack Bottomley at 321-622-5649.

FRIENDS AT LUNCH will meet on Tuesdays, 4/16 & 5/21 at 12:30pm for lunch. Check the weekly announcements for the restaurants they will be visiting. All are welcome to join us! Questions? Call Nina Keck (321-723-7523).

DAUGHTERS OF THE KING will meet on Tuesdays, 4/16 & 5/21 at 10:00am in Lewis Hall. If interested, please contact Dinah Beverley at 321-724-2879.

HOSPITAL VISITS: If you or a loved one enters the hospital, please call the church office to let us know so we can place your name on our hospital visitation list.

SEND ME, LORD: For help with meals or transportation from one of your brothers or sisters in Christ, call the church office: 723-5272. You can also call if you would like to volunteer for this ministry.



ST. CATHERINE'S GUILD will meet next on April 9. We will tour Promise in Brevard at 10:00am. Please call Bonnie Register 321-725-4711 to let her know you will be going. Anyone wanting to car pool, we will leave the Lewis Hall parking lot promptly at 9:30am. If you want to drive directly to Promise, meet us by 10:00am at 4108 Norfolk Pkwy, West Melbourne, FL. We look forward to the tour and we hope everyone can attend. Our end of the year luncheon will be on Tuesday May 14 at Olive Garden at 11:00am. Please plan on letting us know if you are going at the April meeting or by calling Regina Crowe 802-3456 or Joan Snead 254-6764. All are welcome to join us for these meetings which always includes great fellowship.

RECENT NEWCOMERS: Holy Trinity would like to welcome our recent newcomers: Doug & Sandy Burger, Jon Carroll, Susan DeMoss, Sally Douglas, Mark & Jeanie Gallegos, Larry & Susan Gross, Megan Haynes, Al & Kathy Hoffman, Margie Keck, Debbie Keyser, Curtis & Marce Musser, Tammy Neel, Steven Nichols, Mary Elizabeth Pate, Debra Pruett, Dick & Kathy Rossetti, Chuck Satchwill, Karina Schapiro, Doreen & Mike Sinckler, Norma Sinckler, Julie Todd, and Lily Willer and her son Jackson.

ST. MARGARET'S GUILD: Our potluck luncheons have been an enormous success and we continue to add new members. Our April meeting will be held in Lewis Hall on April 18 at 11:00am. The theme for this luncheon is SPRING FEVER! Bring your favorite dish or libation that you use to cure a fever (LOL...Just kidding!). Just bring anything you wish to share with some very lovely ladies. The meetings are fun and short. This is a stress free group. No worries!

Our 65th annual Spring Luncheon will be held on May 16 at noon at Red Ginger in Melbourne Square Mall where we have a private room reserved. If you would like to join us and haven't signed up, or have any questions about St. Margaret's Guild, please call Barbara Dillery at 321-676-2062. We need to know if you are coming so that Red Ginger will have the proper amount of wait staff. The deadline for signing up is May 13. **LINEN GUILD** meet on Wednesdays, 4/3 & 5/1 at 10:00am in Lewis Hall. Questions? Call Dorothy Forde (321-951-7469).

PARENTS' NIGHT OUT: Join us on Saturday, April 6 as we start our evening at Intracoastal Brewery around 6:15pm. From there we will walk to Cottage Irish Pub for dinner. Childcare will be provided for children beginning at 6:00pm in the Parish Hall and Nursery. Children will be provided a pizza dinner, games, and a movie. Please RSVP the number of adults and children so that we can make a reservation and make sure to have enough staff at the church! See Amanda Peters, KC Crawley or call the church office to RSVP at 723-5272.

EASTER SERVICE GYM SET UP! Can you spare 30 minutes? An hour? If you have any time to give to help transform the gym into an Easter worship space, your help would be greatly appreciated! We will meet to decorate the gym on Friday, April 19 at 10:00am. Students will receive **Service Hours** for helping with setup/breakdown! After the Easter Egg Hunt on Easter morning we will need to breakdown our Easter setup so any help is again appreciated! This usually goes very quickly, and as the saying goes, many hands make light work!

BENEFIT CONCERT FOR CANDLELIGHTERS

OF BREVARD! Parishioner Karisa Hill, along with five other student musicians from Florida State University, will be holding a charity Classical concert at Grace United Methodist Church in Merritt Island, FL on May 18 at 7:00pm. Proceeds from the concert go to benefit the Candle Lighters of Brevard, an



organization that financially and emotionally supports the families of children with cancer in Brevard county. To purchase tickets or donate scan this QR code with

your smart phone or email spacecoastmu@ gmail.com for more information! Karissa and her group have offered to hold **an encore performance here at Holy Trinity** on Sunday, May 19 at 1:00pm. Look for more details to come!

A NEW SCOUTS BSA GIRL TROOP is forming at Holy Trinity! There is an organizational meeting on April 1 at 6:00pm, upstairs in Pearson Hall, and it's open to all girls age 11-18 years. Questions? Call Sandy Hillyer at 321-266-0047 or Candace Harris at 321-917-2992.

APRIL BIRTHDAYS

- Barbara McGee 1 2 Lou DeLoria Sarah Dillery Karen Rodriguez Wendy Opio Fr. Steve Easterday Zach McKenzie Miroslav Pierce 3 Jackson Waterman 4 Stanley Finkenthal Cathy Harkins Karen Fontaine 6 Polly Adams Lynnett Dixon 7 Barbara Miller Mary Duedall **Robin Collier** Paula Lipgens **Emerson Ochipa** Vincent Vermeulen 9 Lani Dorrell Roy Streatfield
- Sullivan Ochipa **Barbara Brotherton** 10 John Fisher
- Pete Soloway 11 Tammi Cummings
- Marion Sargent 12 Frank Crawley **Benjamin Churcher**
- 13 Julia Vermeulen 14 Phyllis Woodford
- **Rick Beverley**
- 15 **Brooke Kennedy** 16 **Bob Fontaine**
- Tammie Conway

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Douglas & Patty Dial

Craig & Charise Mormile

Bud Smith & Marilyn Standing

Gary & Mona Leverett

John & Madison Cahill

Doug & Teresa Paauwe

Chuck & Tammie Conway

Gary & Kerry Grant

- 17 Jove Jennings Franklin Diaz Nicholas Diaz Zachary Diaz 18 Mitch Kreher Mac Williams **Dianne Thornburgh** 19 Elsie Amos Audrey Spencer Sarah Edwards 20 Ro Olsson Sue Kear 21 Alan Smith **Bill Fletcher Bill Armstrong** Sloane Kennedy 22 Gary Grant 23 Jeff Hart Chuck Conway Joshua McKenzie 25 **Betty Hendrix** Tom Otten 26 Karen Hart Stacey Farrell 27 **Dinah Beverley** Maggie Dana 28 Carol Couse **Bonnie Warren** 29 Judy Henderson Jason Ochipa Helen LaPointe 30
- Pat Thomas Vince Angleton Mike Crews Riddick **Emily Foca** APRIL ANNIVERSARIES

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- MAY BIRTHDAYS Jenifer Marx 1 2 Nel Avres Carol Griffith Kevin Bartczak 3 **Esther Pierce** 4 John Bricher **Betty Austin** Susan Mann Floyd Bryan 5 6 Mel Woodford Ferne Mayes Mary Ann DeSocio Steve Jachec 8 Lizi Huy Anthony Armstrong Henry Schutte 9 Grant Kilps 10 Lois Sabino Ann Clevenger
 - **CW Sorrows** Shirley Cadieux

MAY ANNIVERSARIES

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Jon Rezac

Karisa Hill

Martha Baird

Beverly Bailey

Maxine-Senior

Thomas

Diane Welch

Bindu George

Harry Jachec

Trish Wimmer

Peach Schutte

Megan Paauwe

Samantha Love

Susan Stockton

Kate Churcher

Natali Grant

Andy Hills

MaryAnn Cloughen

Judi Fidler

Cal Jones

Cecil Hue

- 4 Jim & Patti Laibl
- Sam & Abby Nunez 6
- 9 James & Ashlvn Butts
- Chuck & Sarah Pierce 11
- 12 Skip & Nancy Swanson
- Patrick & Sherry Love 14
- 17 Bill & Margaret White

RECENT BAPTISMS

Lilv Willer Jackson Willer

February 23, 2019 February 23, 2019

RECENT DEATHS

January 24, 2019 February 19, 2019

- 22 Jack Morton Quinn Hawks Donna Coleman Kyrie Pierce Lorraine Woodley
- 23 Tatiana Fuller
- 24 Becky Shary 25 Dave Warren
- Sheila Nash 26 **Bonnie Merritt** Susan Seybold
- Keith Cain **Ruth Smith** Lily Willer 27 Adrienne Roth Victoria Zeger
 - Morgan McCarthy
 - Tripp Crawley Chris Arter
 - George Thomas

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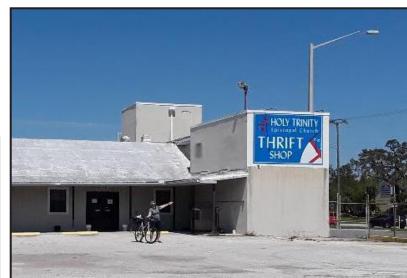
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Mary Houghton

- Judith Selig Gary & Shannon Krieger Mary Poynter Meeks Will & Allison Schutte Jim & Nikki Donahue Bob & Jennifer Kennedy Don & Beth Ringwald
- Milt & Judy Miller Paul & Stephanie Rubin 25

Thrift Shop News!

We're getting SO close! Check out our new sign! Keep checking your weekly bulletins and weekly e-blasts for more information on when we'll be officially opening!



- 20 Frank & KC Crawley Kevin & Chris Arter
- 21 Craig & Ellen Rogers
- 23 Rich & Dawn Kiefer
- 27 Paul & Allison Loftis
- 29 Tim & Anne Brown Joseph & Linda Couturier Ryan & Kate McGill

11

- Matthew Martin-

Jay & Ro Olsson

Felix & Katie Diaz

Bob Stauffer



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RETURN SERVICE REQUESTED



Join us on Easter Sunday for our special Family & Children's service in the gym at 9:00am.

Following the service will be a super fantastic EASTER EGG HUNT!