

JUNE/JULY 2019

TRIBUNE

Holy Trinity Episcopal Church

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VBS 2019!

June 17 - 21

9:00am - 12:00pm

Children age 3 through the 6th grade are invited to join us for our VBS program for only \$15 for the whole week (\$45 family maximum)!

Special guest appearance by our resident astronaut, Winston Scott!

Children in grades K-6 will have the opportunity to choose a workshop that they'd like to participate in! We have 6 workshop choices, and we ask that when registering, you have your child choose their 2 workshop choices. The 6 workshops are:

COOKING: In this workshop you will learn how to follow a recipe and cook/bake items connected to our VBS Bible stories.

STEM: Science, Technology, Engineering, and Math. If you like to tinker, create, and discover through the sciences, then this workshop is perfect for you!

GUITAR: No experience necessary. You can bring your own guitar or borrow one we have in class. Students will learn some basic chords and strumming patterns. We will aim to learn a simple song for the Thursday Night VBS program.

JEWELRY MAKING (for rising 3-6 graders only): In this workshop you will learn simple jewelry making skills, like beading and attaching clasps, and you will make your own necklace.

ARTS & CRAFTS: In Arts and Crafts you will combine your interest in crafting/creativity and make crafts to remind you of each Bible story.

SPORTS: Do you love being active? Interested in team sports and learning new skills? This workshop is made for you!

These workshops will offer an opportunity to explore a new interest or connect a current passion with your faith!

Register by June 9 at www.holytrinitymelbourne.org. Participants must be 3 by June 1 and fully potty trained.

VBS VOLUNTEER OPPORTUNITIES:

Student Volunteers for service hours! Many student volunteers are also needed to successfully run VBS at Holy Trinity. You can volunteer for VBS through our HT website: www.holytrinitymelbourne.org. Go to the VBS Registration page.

VBS Volunteer Snacks! Help us show our appreciation to our Vacation Bible School volunteer team! Bring a tray of snacks on a day of your choice. Sign up with this link (www.signupgenius.com/go/409054BA4A72AA46-vbsvolunteer1), or contact Aaron Cain at acain@holytrinitymelbourne.org.

VBS Decorating! Join us for VBS decorating and Set up on Saturday, June 15 at 1:00pm in the gym/parish hall! See Amanda Peters for details.



Praying on the Journey

Our personal focus for the much of June is the pilgrimage to Israel and Egypt. We are asking our whole church to be praying for us. There are a total of 18 people on the trip who are connected to Holy Trinity. In addition, there are 13 others from around the country who will be joining us on our bus. Rev. Pam has been appointed "bus captain." This means that we will be leading the prayer experiences along the way and responding to any pastoral needs of the whole group on the bus.

Our first prayer request is for safe travel for the group. You might want to use this prayer:

O God, our heavenly Father, whose glory fills the whole creation, and whose presence we find wherever we go: Preserve those who travel, in particular the group on pilgrimage to the Holy Land; surround them with your loving care; protect them from every danger; and bring them in safety to their journey's end; through Jesus Christ our Lord. Amen.

Our second prayer request is specifically for the group on the bus together. Please pray for each person to remain strong and healthy during the journey and for strangers to become friends. Pray that we become one family as we travel together.

Here is our travel itinerary so that you may pray for us each day:

June 3 – depart USA

June 4 – arrive Tel Aviv and spend the night at Netanya. Please pray for speedy adjustment following jet lag.

June 5 – visit Caesarea Maritima, Meggido, and Nazareth. Arrive at Tiberias on the Sea of Galilee. Please pray that we begin to experience the presence of Jesus as we spend time where he grew up.

June 6 – visit the Valley of Doves, Mt. Arbel, Magdala, Capernaum, Mt. of Beatitudes, Tabgha and go on a boat ride on the Sea of Galilee. Please pray that we gain deeper understanding of Jesus' ministry as we spend time in places he loved and healed and taught.

June 7 – visit Tel Dan and Caesarea Philippi, renew baptismal vows at the Jordan River. Please pray that we have a renewed commitment to our faith today.

June 8 – visit Jericho, Qumran, Masada and the Dead Sea. Please pray that we see connections today between our faith and the history of the land.

June 9 – visit Bethlehem, Shepherds Field, Yad Vashem (holocaust museum), and the Israel museum. Please pray that we deepen our understanding of the needs and concerns of the people of this region as we remember Jesus' birth in difficult circumstances.

June 10 – visit the Mount of Olives, Garden of Gethsemane, Mt. Zion, House of Caiaphas, Upper Room, Western Wall and the Teaching steps. Pray for stamina for our group as there is a lot of walking today. Pray also that we gain a deep appreciation for Jesus sacrifice for us.

June 11 – visit the Temple Mount, Pool of Bethesda, Via Dolorosa, Church of the Holy Sepulchre and the Garden Tomb. Again please prayer for stamina on this long day of walking and for a deep experience of the presence of our Risen Lord in this holy city.

June 12 – Please pray for safe travel for those returning to the USA. Please pray for a day of rest and fun for those remaining in Jerusalem.

June 13 – Please pray for safe travel for the group continuing on to Egypt today.

June 14 – visit Mt. Sinai and the Monastery of St. Catherine. Please pray that we experience the holiness of God on this holy mountain where Moses and Elijah met God.

June 15 – please pray for safe travel as the group continues to Cairo today. Pray that we see faith in those we meet today.

June 16 and 17 – visit the pyramids and sites in Cairo. Please pray that we learn new connections between the ancient and modern world.

June 18 – Please pray for safe travels during our return to the USA, and also that we are able to rest on the flights home.

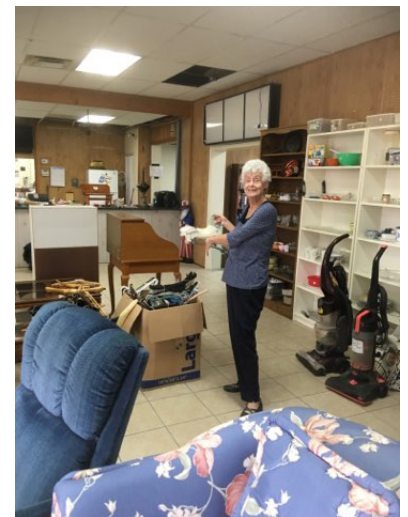
Thank you all very much for joining us on this pilgrimage through your prayers. Please follow Holy Trinity Episcopal Church on Facebook and watch for all our posts so that you can see our pictures and updates each day.

Knowing that every journey made in faith is a pilgrimage with God, we offer prayers and blessings for each of you in your own journeys this summer.

Rev. Pam and Fr. Steve

The Thrift Shop is OPEN!

As of May 15, 2019 - the Thrift Shop is officially open for business! Bigger, brighter and better than ever with a full stock of fantastic gently used furniture, clothes and much, much more. Our volunteers have worked extremely hard over the last 3 months to prepare the shop and are anxious to help you find just the right goodies. I encourage you to invite your friends, family and neighbors to visit our new shop. I will be having new specials every few weeks and some fantastic discounts as well. During the month of June we'll be selling raffle tickets- \$1.00 each the prize - a \$10.00 gift certificate drawing every Friday at 2:00pm. Come and shop -- Monday - Saturday, 10:00am - 4:00pm.



CHILDREN & YOUTH



Children's Sunday School will resume on August 11, with registration day after the 9:00am worship service! This is a great opportunity to connect with Sunday School friends and make a commitment to attend Sunday School during the school year.

CAMP WINGMANN SUMMER CAMPS!

See page 12



PARENT SURVEY

Did you miss the Children's Ministry Parent Meeting on May 5? Your input is greatly valued! Please complete our online survey to let your voice be heard. We will be planning for the fall during July and August and we truly treasure your kids and your family. Thank you for taking a few minutes to let us know how Holy Trinity can best serve your family.

<https://www.surveymonkey.com/r/W8W53WG>

YOUTH MINISTRY:

- Vacation Bible School Volunteers, June 17-21! We need YOU to help make HT's VBS a success! You can register to volunteer by following the VBS link on our website: holytrinitymelbourne.org
- Wednesday evening Youth Group is on break for the summer and will resume in mid August!
- Sunday morning Youth Group continues through June! Join us in the narthex after communion and we'll walk to Lewis Hall for fellowship and Bible discussion from 10:30am - 11:30am.
- Stay connected! To join our GroupMe Youth Group, see Benjamin Kubwimana or KC Crawley. You can also follow us on Instagram @youthgroupht and on Facebook, Holy Trinity Student Ministry

For more information about our programs for children and youth, contact our Director of Children, Youth and Family Ministries, KC Crawley at 321-723-5272 or kccrawley@holytrinitymelbourne.org.

Thy Kingdom Come

**Ascension Day, May 30, 2019 through
the Day of Pentecost, June 9, 2019**

Thy Kingdom Come is a global prayer movement, which invites Christians around the world to pray between Ascension and Pentecost for more people to come to know Jesus Christ. The hope is that: people will commit to pray with God's world-wide family - as a church, individually or as a family and that people will be empowered through prayer by the Holy Spirit, finding new confidence to be witnesses for Jesus Christ.

Resources and Activities: There will be a table in the Narthex full of resources to pray *Thy Kingdom Come* in your homes. We encourage everyone to go online to www.thykingdomcome.global and sign up to Pledge 2 Pray!



#PLEDGE2PRAY



PENTECOST WEEKEND!

JUNE 8/9

Mark your calendar for Pentecost
when we'll celebrate the descent of
the Holy Spirit.

DON'T FORGET TO WEAR RED!



Altar Flowers

If you wish to place memorial flowers on the altar, please fill out this form and return it with your donation to the church office, or you can place it in the offering plate. Suggested donation: \$25. Questions? Contact Bonnie Register at 725-4711.

Given by: _____ Phone: _____ For Sunday, _____

(Circle one) In memory of: In thanksgiving for: In celebration of:

JUNE 2019

SATURDAY, 6/1

- 3:30p Accidental Grace Practice
- 4:30p BP Screenings (Narthex)
- 5:00p Holy Eucharist - Rite II

SUNDAY, 6/2

- 7:30a Holy Eucharist - Rite I
- 8:15a BP Screenings (Narthex)
- 9:00a Holy Eucharist - Rite II
- 9:15a Children's Chapel (Nursery)
- 10:30a Youth Group (LH)
- 11:15a Holy Eucharist - Rite I

MONDAY, 6/3

- HOLY LAND TRIP (through 6/12)
- 8:45a Flower Arranging (FR)
- 11:00a Bible Study (LH)
- 1:00p Exercise Class (LH)

TUESDAY, 6/4

WEDNESDAY, 6/5

- 7:00a Holy Eucharist (Church)
- 10:00a Linen Guild (LH)
- 10:30a HE/Healing (Church)
- 5:00p Handbell Rehearsal (LWR)
- 6:30p Family Choir (LWR)

THURSDAY, 6/6

- 9:30a Staff Meeting (LH)

FRIDAY, 6/7

Assistant Rector's Day Off

SATURDAY, 6/8: PENTECOST WEEKEND

- 3:30p Accidental Grace Practice
- 5:00p Holy Eucharist - Rite II

SUNDAY, 6/9: PENTECOST WEEKEND

- 7:30a Holy Eucharist - Rite I
- 9:00a Holy Eucharist - Rite II
- 9:15a Children's Chapel (Nursery)
- 10:00a Holy Eucharist (Buena Vida)
- 10:30a Youth Group (LH)
- 11:15a Holy Eucharist - Rite I

MONDAY, 6/10

- 8:45a Flower Arranging (FR)
- 11:00a Bible Study (LH)
- 1:00p Exercise Class (LH)

TUESDAY, 6/11

WEDNESDAY, 6/12

- 7:00a Holy Eucharist (Church)
- 10:30a HE/Healing (Church)
- 5:00p Handbell Rehearsal (LWR)
- 6:30p Family Choir (LWR)

THURSDAY, 6/13

- HOLY LAND EXTENSION (through 6/18)
- 9:30a Staff Meeting (LH)
- 1:00p Devotion & Bible Study (TTE)

FRIDAY, 6/14

Assistant Rector's Day Off

SATURDAY, 6/15

- 3:30p Accidental Grace Practice
- 5:00p Holy Eucharist - Rite II

SUNDAY, 6/16: FATHER'S DAY

- 7:30a Holy Eucharist - Rite I
- 9:00a Holy Eucharist - Rite II
- 9:15a Children's Chapel (Nursery)
- 11:15a Holy Eucharist - Rite I

MONDAY, 6/17

- 9:00a Vacation Bible School
- 8:45a Flower Arranging (FR)
- 11:00a Bible Study (LH)
- 1:00p Exercise Class (LH)

TUESDAY, 6/18

- 9:00a Vacation Bible School
- 12:30p Friends at Lunch (Makotos)

WEDNESDAY, 6/19

- 7:00a Holy Eucharist (Church)
- 9:00a Vacation Bible School
- 10:30a HE/Healing (Church)
- 5:00p Handbell Rehearsal (LWR)
- 6:30p Family Choir (LWR)

THURSDAY, 6/20

- 9:00a Vacation Bible School
- 9:30a Staff Meeting (LH)
- 6:00p Health Ministry Meeting (LH)
- 6:00p VBS Program (Church)

FRIDAY, 6/21

- Assistant Rector's Day Off
- 9:00a Vacation Bible School

SATURDAY, 6/22

- 3:30p Accidental Grace Practice
- 5:00p Holy Eucharist - Rite II

SUNDAY, 6/23

- 7:30a Holy Eucharist - Rite I
- 9:00a Holy Eucharist - Rite II
- 9:15a Children's Chapel (Nursery)
- 10:30a Youth Group (LH)
- 11:15a Holy Eucharist - Rite I

MONDAY, 6/24

- 8:45a Flower Arranging (FR)
- 11:00a Bible Study (LH)
- 1:00p Exercise Class (LH)

TUESDAY, 6/25

- Co-Rectors' Day Off
- 10:00a Prayer Shawl Ministry (LH)

WEDNESDAY, 6/26

- 7:00a Holy Eucharist (Church)
- 10:30a HE/Healing (Church)
- 11:30a Bible Study (LH)
- 5:00p Handbell Rehearsal (LWR)
- 6:30p Family Choir (LWR)

THURSDAY, 6/27

- 9:30a Staff Meeting (LH)

FRIDAY, 6/28

Assistant Rector's Day Off

SATURDAY, 6/29

- 3:30p Accidental Grace Practice
- 5:00p Holy Eucharist - Rite II

SUNDAY, 6/30

- 7:30a Holy Eucharist - Rite I
- 9:00a Holy Eucharist - Rite II
- 9:15a Children's Chapel (Nursery)
- 10:30a Youth Group (LH)
- 10:30a Health Forum (PH)
- 11:15a Holy Eucharist - Rite I

GUIDE:

- (Pearson) = Pearson Hall
- (LH) = Lewis Hall
- (PH) = Parish Hall
- (FR) = Flower Room
- (PR) = Prayer Room
- (TTE) = Trinity Towers East
- (LWR) = Lou West Music Room



JULY 2019

MONDAY, 7/1

8:45a Flower Arranging (FR)
11:00a Bible Study (LH)
1:00p Exercise Class (LH)

TUESDAY, 7/2

Co-Rectors' Day Off

WEDNESDAY, 7/3

7:00a Holy Eucharist (Church)
9:15a Small Group Healing Prayer (Church)
10:00a Linen Guild (LH)
10:30a Holy Eucharist/Healing (Church)
11:30a Bible Study (LH)
5:00p Handbell Rehearsal (LWR)
6:30p Family Choir (LWR)

THURSDAY, 7/4: INDEPENDENCE DAY

CHURCH OFFICE CLOSED

FRIDAY, 7/5

Assistant Rector's Day Off



SATURDAY, 7/6

3:30p Accidental Grace Practice
4:30p BP Screenings (Narthex)
5:00p Holy Eucharist - Rite II

SUNDAY, 7/7

7:30a Holy Eucharist - Rite I
8:15a BP Screenings (Narthex)
9:00a Holy Eucharist - Rite II
9:15a Children's Chapel (Nursery)
11:15a Holy Eucharist - Rite I

MONDAY, 7/8

8:45a Flower Arranging (FR)
11:00a Bible Study (LH)
1:00p Exercise Class (LH)

TUESDAY, 7/9

Co-Rectors' Day Off

WEDNESDAY, 7/10

7:00a Holy Eucharist (Church)
10:30a Holy Eucharist/Healing (Church)
11:30a Bible Study (LH)
5:00p Handbell Rehearsal (LWR)
6:30p Family Choir (LWR)
6:45p Buildings & Grounds (LH)

THURSDAY, 7/11

9:30a Staff Meeting (LH)
1:00p Devotion & Bible Study (TTE)
5:30p Finance Meeting (LH)
6:30p Vestry Meeting (LH)

FRIDAY, 7/12

Assistant Rector's Day Off

SATURDAY, 7/13

3:30p Accidental Grace Practice
5:00p Holy Eucharist - Rite II

SUNDAY, 7/14

7:30a Holy Eucharist - Rite I
9:00a Holy Eucharist - Rite II
9:15a Children's Chapel (Nursery)
11:15a Holy Eucharist - Rite I

MONDAY, 7/15

8:45a Flower Arranging (FR)
11:00a Bible Study (LH)
1:00p Exercise Class (LH)

TUESDAY, 7/16

Co-Rectors' Day Off
12:30p Friends at Lunch (TBD)

WEDNESDAY, 7/17

7:00a Holy Eucharist (Church)
10:30a Holy Eucharist/Healing (Church)
11:30a Bible Study (LH)
5:00p Handbell Rehearsal (LWR)
6:30p Family Choir (LWR)

THURSDAY, 7/18

9:30a Staff Meeting (LH)
11:00a St. Margaret's Guild Pizza Party (LH)
6:00p Health Ministry Meeting (LH)

FRIDAY, 7/19

Assistant Rector's Day Off

SATURDAY, 7/20

3:30p Accidental Grace Practice
5:00p Holy Eucharist - Rite II

SUNDAY, 7/21

7:30a Holy Eucharist - Rite I
9:00a Holy Eucharist - Rite II
9:15a Children's Chapel (Nursery)
10:00a Holy Eucharist (Buena Vida)
10:30a Health Forum (PH)
11:15a Holy Eucharist - Rite I

MONDAY, 7/22

8:45a Flower Arranging (FR)
11:00a Bible Study (LH)
1:00p Exercise Class (LH)

TUESDAY, 7/23

Co-Rectors' Day Off
10:00a Prayer Shawl Ministry (LH)

WEDNESDAY, 7/24

7:00a Holy Eucharist (Church)
10:30a Holy Eucharist/Healing (Church)
11:30a Bible Study (LH)
5:00p Handbell Rehearsal (LWR)
6:30p Family Choir (LWR)

THURSDAY, 7/25

9:30a Staff Meeting (LH)

FRIDAY, 7/26

Assistant Rector's Day Off
9:00a Newsletter Folders (LH)

SATURDAY, 7/27

3:30p Accidental Grace Practice
5:00p Holy Eucharist - Rite II

SUNDAY, 7/28

7:30a Holy Eucharist - Rite I
9:00a Holy Eucharist - Rite II
9:15a Children's Chapel (Nursery)
11:15a Holy Eucharist - Rite I

MONDAY, 7/29

8:45a Flower Arranging (FR)
11:00a Bible Study (LH)
1:00p Exercise Class (LH)

TUESDAY, 7/30

Co-Rectors' Day Off

WEDNESDAY, 7/31

7:00a Holy Eucharist (Church)
10:30a Holy Eucharist/Healing (Church)
11:30a Bible Study (LH)
5:00p Handbell Rehearsal (LWR)
6:30p Family Choir (LWR)

GUIDE:

(Pearson) = Pearson Hall
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(FR) = Flower Room
(PR) = Prayer Room
(TTE) = Trinity Towers East
(LWR) = Lou West Music Room



Life at HT

SMALL GROUP HEALING PRAYER will not meet in June, and will resume on July 3 at 9:15am in the church. You are invited to come and join in praying for healing for yourself or someone you love.

PRAYER SHAWL MINISTRY will meet on Tuesdays 6/25 & 7/23 at 10:00am in Lewis Hall. If you don't know how to knit or crochet, we'll be happy to show you how!

MOVEMENT CLASS continues to have fun while getting fit! Won't you join us? Mondays at 1:00pm in Lewis Hall.

YOGA FOR HEALTH is on a break until fall. Check back with us then!

REV. PAM'S BIBLE STUDY meets on Mondays at 11:00am in Lewis Hall. They are currently studying Genesis. Questions? Ask Rev. Pam.

FR. STEVE'S BIBLE STUDY meets on Wednesdays at 11:30am in Lewis Hall. They are currently studying Galatians. They will NOT meet on 6/5, 6/12 or 6/19. Questions? Ask Fr. Steve.

ADULT SUNDAY SCHOOL is on a break until fall. For more information contact Jack Bottomley at 321-622-5649.

DAUGHTERS OF THE KING will meet not meet again until Tuesday, September 17 at 10:00am in Lewis Hall. If interested, please contact Dinah Beverley at 321-724-2879.

HOSPITAL VISITS: If you or a loved one enters the hospital, please call the church office to let us know so we can place your name on our hospital visitation list.

SEND ME, LORD: For help with meals or transportation from one of your brothers or sisters in Christ, call the church office: 723-5272. You can also call if you would like to volunteer for this ministry.

ST. CATHERINE'S GUILD is on a break until September. Have a safe and happy summer! Questions? Contact Regina Crowe (802-3456).

FRIENDS AT LUNCH will meet on Tuesdays, 6/18 (Makotos) & 7/16 (TBD) at 12:30pm for lunch. Check the weekly announcements for the restaurants they will be visiting. All are welcome to join us! Questions? Call Nina Keck (321-723-7523).

RECENT NEWCOMERS: Holy Trinity would like to welcome our recent newcomers: Harry & Michaela Allen and their sons Jonathan and Nathan, Harry & Linda Dyson, Susan Hendrix, Brian Hicks, Brian & Sue Kear, Herb Moscrip, Charlie & Barbara Pierce, Amy Sewell Rickman, Nicole and Martrese Sehmatolla, Anne Thompson, and Diane Williams.

ST. MARGARET'S GUILD traditionally doesn't meet in June or August. But we will have our 4th annual pizza party on July 18 at 11:00am in Lewis Hall. **THE PIZZA IS ON US!** This is your chance to meet some lovely ladies and have a great time. Come and join us! No need to bring anything other than yourself, but donations of salads and libations always add to the fun. If you have any questions, please call Barbara Dillery at 321-676-2062.

LINEN GUILD meet on Wednesdays, 6/5 & 7/3 at 10:00am in Lewis Hall. Questions? Call Dorothy Forde (321-951-7469).

Holy Trinity Episcopal Church

Bible Verse for 2019: We know that all things work together for good for those who love God, who are called according to his purpose. (Romans 8:28)

Our Mission:

To know Christ and to make Him known.

Our Vision: Every member in ministry.

CLERGY

The Rt. Rev. Gregory O. Brewer	Bishop
The Rev. Stephen Easterday	Co-Rector
The Rev. Pamela Easterday	Co-Rector
The Rev. Meghan Farr	Assist. Rector for Pastoral Care
The Rev. William G. Lewis	Rector Emeritus
The Rev. Stacey Westphal	Deacon

STAFF

Barbara Bayley	7:30am Organist
Aaron Cain	Children's Ministry Assistant
Amy Cain	Substitute Secretary
Keith Cain	Financial Administrator
Justin Clermont	Worship Leader, Dir. of TKC
Choir	
KC Crawley	Director of Children, Youth and Family Ministries
Eloise Evans	Family Choir Director
Daniel Farr	Kitchen Manager
Benjamin Kubwimana	Youth Ministry Assistant
Sharon Lester, Cheryl Stephens	Parish Secretaries
Patti Loyd	Connections Coordinator
Dale Pierce	Facilities Manager
David Vogeding	9:00 & 11:15am Organist
Carolyn Wilt, RN	Faith Community Nurse

HOLY TRINITY VESTRY

Mike Crews '21: Sr. Warden

Milt Miller '22: Junior Warden

Frank Christopian '22: Clerk

Kevin Bartczak '20: Treasurer, Thrift Shop, HTEA

Gail Pearson: Assistant Treasurer

Art Dubois '20: Special Projects

Jay Olsson '20: Health Ministry

John Seybold '20: Sound System

Kevin Arter '21: Hospitality

Linda Edwards '21: Newcomers

Ted Peters '21: Family Ministry

Jeanne Hakkila-Wills '22: Thrift Shop

Scott Morgan '22: Stewardship

WORSHIP SCHEDULE

Sunday:	7:30am	Holy Eucharist Rite I
	9:00am	Holy Eucharist Rite II
	11:15am	Holy Eucharist Rite I
Wednesday:	7:00am	Holy Eucharist
	10:30am	Holy Eucharist & Healing
Saturday:	5:00pm	Holy Eucharist, Contemporary

HEALTH MINISTRY NEWS!

JUNE IS NATIONAL MEN'S HEALTH MONTH! This month is all about encouraging the men in your life to take care of their bodies by eating right, exercising, and working to prevent disease. The purpose of Men's Health Month is to heighten the awareness of preventable health problems and encourage early detection and treatment of diseases including cancer, heart disease, and depression.



Here are a few ways that you can celebrate Men's Health Month:

Tweak your diet. Men's Health Month is an opportunity to change the way you eat. Cut back on alcohol this month or up your intake of healthy fermented foods like sauerkraut and kefir. You can do anything for a month, and if you do it for a month, you can do it for life!

Set some goals. Use this month to take stock of your health now and think about where you want it to be. Do you want to lose weight? Gain muscle? Eat more vegetables? Set small and achievable goals and work with your doctor to make them a reality.

Get educated. Take this opportunity to read about the common health issues that are specific to men and how you can prevent yourself from getting hurt! Check out the CDC, WebMD or ask your doctor for information on health issues that men face.

SUMMER HEALTH FORUMS: Sundays, June 30 and July 21 at 10:30am in the Parish Hall. Look for more information to come in the weekly announcements.

BLOOD PRESSURE CLINICS: The Health Ministry Team will be doing their usual "things" during the months of June & July. Blood Pressure screeners will be in the Narthex to read your numbers on June 1/2 and July 6/7.

From Your Holy Trinity Flower Guild

Do you have some spare coffee mugs in the back of your cupboard that you don't need? The flower team would love to have them. As most of you know, the fresh flowers that adorn our church each week get re-arranged Monday morning by our wonderful team of "re-arrangers." Perhaps you have enjoyed one of their creations for your birthday or anniversary.

Our supply of mugs is low and we would appreciate any contributions of "generic" mugs that would be appropriate for a "celebration" arrangement. Please drop them off at the Feed Thy Soul Flower Room. Thank you!



Hospital Visitations

Holy Trinity has a whole team of caring and trained Hospital Visitors, and they visit our folks in the hospital nearly every day of the week.

If you or a loved one enters the hospital, please call the church office to let us know so we can place your name on our hospital visitation list.



LIFTUP

YOUNG LIVES

Empowering Future Generations

Our first LiftUp class began in August 2018 and graduated from Level 2 on May 4. During Level 2, the students created a life plan in our Wheel of Life segments: relationships, career, finances, spirituality, fun, personal growth, health and contribution. AND created a bucket list. They read two books in the personal growth segment throughout Level 2 and went to The Backyard Games as part of our fun segment. A great celebration at the Murder at the Cinco de Mayo Fiesta was so much fun and a great way to end our first class program. THANK YOU to everyone who helped make our first class so special!!

*Students created Vision Boards during Level 1 –
Making Your Dreams Come True*



*Learning how to identify our Talents,
Abilities and Gifts with Marty Ward,
Confidents Builds Success Academy*



*Celebrating our Level 2 students. Iyanna,
Lily and Dilma (L-R) during Murder at the
Cinco de Mayo Fiesta, May 4, 2019*



*Randy Jacobson, our incredible MC
of our murder mystery dinners*

JUNE BIRTHDAYS

1	Edward Hakkila Elizabeth Breshears Sarah Zeger	16	Marilyn Standing Margot Martin Barbara Rodier
3	Joyce Wilmot Fran Bradley Amy Cain Steve Weber	17	Jim Trezza Faye Bottomley Caroline Cahill
5	Rita Allen Dick Myers Jack Bottomley Judy Kalakikos Jim Donahue Will Baumgardt Frank Dawson Manuel Castillo Fragela	18	Helen Dertinger Lynne White Quade Huy Evelyn Young Avery Kemna Ryder Lucas-Dana
6	Diane Young	19	Teresa Paauwe Candy Ferris Michael Harper
7	Renny Bertolami Carla Hover	20	Nancy Ardinger Al Dandrea
8	Art DuBois Gary Krieger	21	Sean DuBois Dana Kilborne Daniel Welch
9	Aaliyah Fuller Cavan Farr	22	Ed Adams June Countryman Sue Hills Jan Makowski John Seybold Nicole Martin
10	Jim Fletcher Vicky Peake Charise Mormile	23	Skip Swanson Sandra Drummond Aidan Farr
11	June Milton Linda Trauterman	24	Kathryn Kowalski Amanda Peters
12	Gary Leverett Frank Bourne	25	Joyce Jeans Al Hoffman Kelcee Monacella
13	Helen Smallidge Dominique Harris Katarina Karlsson	26	Cliff Bragdon Marcia Denius Sarah Pierce
14	Cindy Ferris Tori Seybold		
15	Marg Gehrig Dawn Kiefer Rayssa Fragela Herva		

JUNE ANNIVERSARIES

2	Steve & Pam Easterday Ron & Barbara McGee Bob & Janeen Merrill	19	Nick & Mary Ann DeSocio
6	Ralph & Jennifer Alvarez Jack & Bridget Morton	20	John & Patty Fisher Al & Bonnie Merritt Rick & Diane Welch
7	James & Judi Fidler	22	Carl & Sherry La Rue
8	Wally & Alice Gaffney	23	Bruce Wills & Jeanne Hakkila-Wills Pete & Lisa Soloway
10	Edward & Carol Hakkila	24	John & Maureen Hamilton Rich & Sandy Hillyer Jack & Sherry Ryals
11	Steve & Jeannette Russell	26	Bob & Geri Riley Mel & Phyllis Woodford
15	Grant & Jane Kilps David & Bonnie Warren	27	Tom & Cathryn Thornton
16	Fred & Susie Kilgallon	28	Prody & Arden Borboroglu Jim & Beth McMullan
17	Floyd & Sandy Bryan Dan & Barbara Dillery Iver & Mary Duedall		

JULY BIRTHDAYS

1	Dave Paauwe Stephanie Smith Dominick Mormile	15	Myron Roebuck Heber Castillo Ebony Parsons Anna Ferguson
2	June Arbogast Lois Dandrea Francesco Todero Tony Stutmann	16	Margo Angleton Anastasia Pierce Jim Woodley
3	Eddie Brock	17	Diane Cox Andy Waterman Matthew Love
5	Darrell Crum Joey Jachec	18	Gerri Sequenzia Wendy Blood
6	Irene Jones	19	Dorothy Guinn
7	Sherry Ryals Blake Breznay	20	Georgianna Fraser John Cahill Olivia Shary
8	Debbie Sorrows	21	Edythe White Ron Meehan
9	Betty Rottman Paige Walbert Dolores Faughnan Danny Stone Mona Leverett Lilliana Alvarez	22	Joan Hess Jo Ellen Johnson Mike Breshears
10	Anne Elam Jonathan Andrews Dee Dee Hallock	23	Daniel Stukonis Isabella Abreu David Cloughen
11	Karon Kempfer Lisa Crum Robert Brend	24	David Vogeding Sandy Stone Neil Pollard
12	Pam McLean Joanna Jacobson	25	Kerry Grant Tommy Rogers
13	Don Ringwald Andre Vermeulen Kyle Loftis Cai Churcher	26	Barbara Minner Charlotte Knowles Lea Pennington Lisa Soloway
14	Edie Walter Barbara Glover	27	

JULY ANNIVERSARIES

1	Ed & Betty Adams	12	Michael & Debbie Harper
2	David & MaryAnn Cloughen	14	Jack & Faye Bottomley
4	Jack & Edith Roth	15	Al & Kathy Hoffman Mike & Marilyn Romoli
6	Alan & Cathy Ford Jonathan & Lena Andrews	21	Bob & Nancy Perry
7	Ted & Amanda Peters	24	Lou & Evelyn Zahradnik
10	Steven & Joey Jachec	28	Mickey & Mary Carol Poynter
11	Bill & Lou DeLoria Jim & Lorraine Woodley	31	Jeesh Chittoor & Bindu George

RECENT DEATHS

Nancy F. Welch	April 3, 2019
Shirley Mae Fleury	April 7, 2019
Irene Maneke	April 20, 2019
Oscar Webster	April 20, 2019
Dick Rath	April 23, 2019
Mary Forge	May 6, 2019



TRIBUNE

Holy Trinity Episcopal Church

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www.holytrinitymelbourne.org

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RETURN SERVICE
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SUMMER CAMPS AT CAMP WINGMANN

June 9-14	Camp St. Mark (Senior High Campers - entering Grades 9-12)
June 16-21	Camp St. Barnabas (Middle School Campers - entering Grades 6-8)
June 23-28 *	Camp Trinity (Elementary Campers - entering Grades 3-5)
July 7-12	Camp St. Peter (Senior High Campers - entering Grades 9-12)
July 14-19	Camp St. Francis (Middle School Campers - entering Grades 6-8)
July 21-26	Camp St. Mary (Elementary Campers - entering Grades 3-5)

* KC Crawley will be the Program Director!



NOTE: JOSHUA (JJ) JOSEPH CONTINUES AS SUMMER CAMP DIRECTOR!

We have scholarships available for camp sessions at Camp Wingmann this summer. If you wish to receive a scholarship for your child to attend camp, please contact Keith Cain in the church office before you register your child for camp.

The scholarship process has changed and Keith can provide the information you need for registration.

Register at www.campwingmann.org!

PARENTS: Please call the church office to let us know which camp your child is attending so we can be in prayer for them during that week.