



MARCH 2017

TRIBUNE

Holy Trinity Episcopal Church

INSIDE THIS EDITION

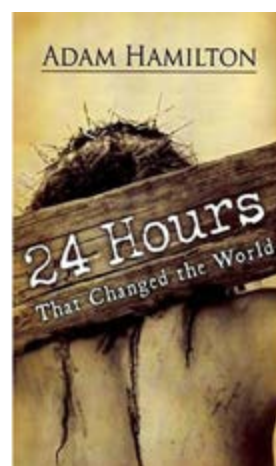
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24 Hours that Changed the World

A Small Group Study for Lent

Small groups will be meeting in homes and at church on a variety of days and times for this 5-week Lenten Study. The study is based on the book, 24 Hours that Changed the World, by Adam Hamilton. In this study you will relive the one day in history that changed everything!

It is our goal for the entire congregation to participate in our Lenten program together. Below are the groups available. **Sign up today!**



Host(s)	Where	Date & Time	Starting
Phil Nunez:			
Young Adult Group.....	Lewis Hall.....	Thursdays at 7:00pm.....	March 2
Chris & Kevin Arter.....	Their home in NE Palm Bay.....	Sundays at 2:00pm.....	March 5
Rev. Pam.....	Lewis Hall.....	Mondays at 11:00am.....	March 6
Deacon Stacey.....	Buena Vida.....	Mondays at 6:30pm.....	March 6
Fr. Bill & Beverly Lewis.....	Their home in Indialantic.....	Mondays at 7:00pm.....	March 6
Bob & Bonnie Register.....	Their home in NE Palm Bay.....	Tuesdays at 10:00am.....	March 7
Janet Gray.....	Her home in Indian Harbour Beach.....	Tuesdays at 5:00pm.....	March 7
Dean Wesenberg & Linda Edwards.....	Their home near downtown Melbourne.....	Tuesdays at 7:00pm.....	March 7
Fr. Steve Easterday.....	Lewis Hall.....	Wednesdays at 11:30am.....	March 8
Alan & Sharon Smith.....	Their home in Indialantic.....	Wednesdays at 4:00pm.....	March 8
Rev. Meghan, Fr. Steve & Rev. Pam.....	Parish Hall.....	Wednesdays: Dinner at 5:45pm; Study at 6:30pm....	March 8

Sign up in the Narthex or by calling the office: 321-723-7272.

LENTEN SMALL GROUP STUDY

"I invite you, in the name of the Church, to the observance of a holy Lent, by self-examination and repentance, by prayer, fasting and self-denial; and by reading and meditating on God's holy Word." These familiar words are from our Ash Wednesday service. This year, Ash Wednesday is March 1. I hope that you will all be able to be present for one of our services so that together we may make a right beginning to this holy season.

Our special study program this year during Lent is called "24 Hours that Changed the World." We will be meeting in small groups in homes throughout the parish as well as in small groups at the church. There will be at least 12 groups. All the meeting times and locations are listed on the front page of the this newsletter. I hope that all of you will be able to participate in a group so that we may journey together toward Easter.

The program, "24 Hours that Changed the World," was created by Pastor Adam Hamilton, the author of the Advent study we used in December 2016. Like previous studies, there is a DVD and a companion book. I have prepared a customized discussion guide. The program will run for 5 weeks. Each group will begin after Ash Wednesday and conclude before Holy Week.

Drawing on insights from history, archaeology, geography, and the Bible, Pastor Adam Hamilton provides a deeper understanding of the most amazing day in history, starting with the Last Supper. During the video segments, which range from 12 to 19 minutes, we will visit the sites where those earth-shaking events took place, and we will walk where Jesus walked along the road that led to the pain and triumph of the cross.

The study is based around the account in the Gospel of Mark (chapters 14-16) beginning with the Last Supper, and continuing through the prayer in the garden, the arrest, the trial, the crucifixion and the resurrection. The aim of this study is to help us have reasonably accurate mental pictures of how these events took

place, to increase our understanding of the significance of Jesus suffering and death, to study related passages of Scripture, and most importantly to find our own personal connection to this incredible story of salvation.

If you have not already signed up to participate in a group, please check the list and find one that fits your schedule. You may sign up in the narthex at church or by calling the office. Books will also be available in the narthex and at the office (\$10 donation requested but not required).

Overview of the five sessions: (plan for each session to be 60-90 minutes long)

- Session 1: The Last Supper (chapter 1 in the book)
- Session 2: The Garden of Gethsemane, the trial before Caiaphas, Peter's denial of Jesus (chapters 2 and 3 in the book)
- Session 3: Jesus, Barabbas, and Pilate and the Torture and Humiliation of the King (chapters 4 and 5 in the book)
- Session 4: The Crucifixion (chapter 6 in the book)
- Session 5: Christ the Victor (chapter 7 in the book)

Please plan to bring your Bible with you to each session of the study. Each session will begin with an opening prayer, which comes from the Psalms, and is connected to the lesson for the day. At the end of the session, you will be invited to share your prayer requests with your group, lift those requests up to God and then close with the Lord's Prayer.

As we journey through these 24 hours that changed the world, may God change our hearts and make us new in Christ.

Faithfully,

Rev. Pam

Youth Fundraiser:

Shrove Tuesday Pancake Supper

February 28th • 5-7pm • PARISH HALL



Buttermilk Pancakes • Blueberry & Chocolate Chip
Pancakes • Sausage • Bacon • Fruit

Join us for our Annual Pancake Supper.
The cost is \$3 for children under 10, \$5 for students, \$7 for adults, and \$15 for a family.



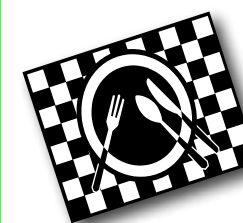
March 1, 2017

WORSHIP SCHEDULE

All services include ashes

7:00am	Holy Eucharist (Chapel)
8:20am	Academy Service (Church)
10:30am	Holy Eucharist (Church)
3:00pm	Holy Eucharist (Trinity Towers EAST)
6:30pm	Holy Eucharist (Church)

NEWCOMER WELCOME DINNER: April 1 at 6:15pm!



Newcomer Welcome Dinner will be held on Saturday, April 1 starting at 6:15pm with the social/gathering time. This is a great time to attend the 5:00pm Saturday Service and then come back for a wonderful dinner and camaraderie. Everyone is invited – newcomers – not so newcomers – "oldies but goodies"!!! This is a planned covered dish dinner, so please call Rose Himmenger (951-7320) by Thursday, March 30 and let her know what you would like to bring. Store bought or home made are equally fine! We just want you to come and meet and greet each other. Childcare and/or transportation is available upon request.

Holy Trinity Thrift Shop

Serving the community since 1956



Please bring in clothing and small items.

We will be happy to pick up any large, unwanted items.

All donations support our local outreach programs

Please call 321-727-2797.

Thank you!

NEWCOMER APPRECIATION Day



We had a wonderful Newcomer Appreciation Weekend, and we officially welcomed all of these people into the Holy Trinity Family!

Welcome!

Easter Memorial Flowers

If you wish to place memorial flowers on the altar for Easter, please fill out this form and return it to: **Holy Trinity Episcopal Church, Attn: Kitty McGuire, 1830 S. Babcock Street, Melbourne, FL 32901.** Or, you can deliver this form to the Church Office or place it in the offering plate during a service **NO LATER than Monday, April 10.** A donation is customary. Please make all checks payable to Holy Trinity. Call Kitty McGuire at 723-7637 with questions.

PLEASE PRINT CLEARLY!



In loving memory of: _____

In thanksgiving for: _____

Given by: _____



The Women's Retreat

March 10 - 12, 2017

Canterbury Retreat & Conference Center
in Oveido, Florida

If you've registered for the 2017 Women's Retreat, *Rejoice, Pray, Give Thanks*, we can't wait to see you there! Any questions? Call the church office at 321-723-5272.


Mark Your Calendar! Upcoming Events

We have several events coming up at Holy Trinity and NOW would be a great time for you to mark your calendars. If you have any questions, please contact the Church Office at 723-5272.

DATE	EVENT	LOCATION
March 4/5	BP Weekend (see p. 8)	Narthex
February 28, 5-7p	Pancake Supper (p. 3)	Parish Hall
March 1	Ash Wednesday Services (p. 3)	Chapel/Church
March 2	Lenten Bible Studies Begin (p. 1)	Variety
March 10-12	Women's Retreat (above)	Canterbury
April 1, 6:15p	Newcomer Welcome Dinner (p. 3)	Parish Hall
April 1/2	BP Weekend	Narthex
April 6, 9a	Palm Cross Folding (p. 8)	Lewis Hall
April 8/9	Palm/Passion Weekend	Church
April 10, 6:30p	Tenebrae Service (p. 12)	Church
April 13, 6:30p	Maundy Thursday Service (p. 12)	Church
April 14, 12p & 6:30p	Good Friday Services (p. 12)	Church
April 14, 2:30p	Stations of the Cross	Church
April 15, 6:30p	Easter Vigil & Ice Cream Social (p. 12)	Church/Parish Hall
April 16	Easter Sunday Services (p. 12)	Church/Gym



Holy Trinity Events Calendar - March 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>GUIDE:</div> <div><div>(Church) = Main Church</div><div>(LH) = Lewis Hall</div><div>(TTS) = Trinity Towers South</div><div>(TTE) = Trinity Towers East</div><div>(Pearson) = Pearson Hall</div><div>(Chapel) = Historic Chapel</div><div>(PR) = Prayer Room (Gallery)</div><div>(LWR) = Lou West Music Room in Pearson Hall</div><div>(PH) = Parish Hall</div><div>(FR) = Flower Room</div></div>			<div>1 ASH WEDNESDAY</div> <div>7:00a - HE with Ashes (Chapel)</div> <div>8:20a - School Ash Service (Church)</div> <div>9:15a - Healing Teaching (Chapel)</div> <div>10:00a - Linen Guild (LH)</div> <div>10:30a - HE with Ashes (Church)</div> <div>3:00p - HE with Ashes (TTE)</div> <div>6:30p - HE with Ashes (Church)</div>	<div>2</div> <div>9:30a - Staff Meeting (LH)</div> <div>11:30a - Buildings & Grounds (LH)</div> <div>3:45p - Treasure Kids Club (Pearson)</div> <div>7:00p - Young Adult Lenten Bible Study (LH)</div>	<div>3</div> <div>Assistant Rector's Day Off</div>	<div>4</div> <div>3:30p - Accidental Grace Practice</div> <div>4:30-6:30p - BP Screenings (Narthex)</div> <div>5:00p - Holy Eucharist (Church)</div>
<div>5 LENT 1</div> <div>7:30a - Holy Eucharist Rite I (Church)</div> <div>8:15a-12:45p - BP Screenings (Narthex)</div> <div>9:00a - Holy Eucharist Rite II (Church)</div> <div>9:15a - Children's Chapel (Nursery)</div> <div>10:15a - Youth Group (LH)</div> <div>10:30a - Sunday School (Pearson)</div> <div>10:30a - Adult Sunday School (PH)</div> <div>11:15a - Holy Eucharist Rite I (Church)</div>	<div>6</div> <div>11:00a - Bible Study (LH)</div> <div>2:00p - Exercise Class (LH)</div>	<div>7</div> <div>Co-Rectors' Day Off</div>	<div>8</div> <div>7:00a - Holy Eucharist (Chapel)</div> <div>10:30a - HE / Healing (Chapel)</div> <div>11:30a - Lenten Bible Study (LH)</div> <div>5:30p - Trinity Ringers (LWR)</div> <div>5:45p - Lenten Dinner (PH)</div> <div>6:30p - Lenten Bible Study (PH)</div> <div>6:30p - Youth Social Night (LH)</div> <div>6:45p - Family Choir (LWR)</div>	<div>9</div> <div>9:30a - Staff Meeting (LH)</div> <div>3:45p - Treasure Kids Club (Pearson)</div> <div>5:30p - Finance Meeting (LH)</div> <div>6:30p - Vestry Meeting (LH)</div> <div>7:00p - Young Adult Lenten Bible Study (LH)</div>	<div>10</div> <div>Assistant Rector's Day Off</div> <div>WOMEN'S RETREAT (Canterbury, thru 3/12)</div>	<div>11</div> <div>3:30p - Accidental Grace Practice</div> <div>5:00p - Holy Eucharist (Chapel)</div>
<div>12 LENT 2</div> <div>7:30a - Holy Eucharist Rite I (Church)</div> <div>9:00a - Holy Eucharist Rite II (Church)</div> <div>9:15a - Children's Chapel (Nursery)</div> <div>10:15a - Youth Group (LH)</div> <div>10:30a - Sunday School (Pearson)</div> <div>10:30a - Adult Sunday School (PH)</div> <div>11:10a - Order of St. Luke (PR)</div> <div>11:15a - Holy Eucharist Rite I (Church)</div>	<div>13 NEWSLETTER DEADLINE</div> <div>11:00a - Lenten Bible Study (LH)</div> <div>2:00p - Exercise Class (LH)</div>	<div>14</div> <div>Co-Rectors' Day Off</div> <div>10:00a - St. Catherine's Guild (LH)</div> <div>10:30a - Bible Study (TTE)</div> <div>11:15a - Daily Devotion & Healing Prayer (TTE)</div>	<div>15</div> <div>7:00a - Holy Eucharist (Church)</div> <div>10:30a - HE / Healing (Church)</div> <div>11:30a - Lenten Bible Study (LH)</div> <div>2:30p - Coloring the Psalms (TTS)</div> <div>5:30p - Trinity Ringers (LWR)</div> <div>5:45p - Lenten Dinner (PH)</div> <div>6:30p - Lenten Bible Study (PH)</div> <div>6:30p - Youth Social Night (LH)</div> <div>6:45p - Family Choir (LWR)</div>	<div>16</div> <div>9:30a - Staff Meeting (LH)</div> <div>11:00a - St. Margaret's Guild (PH)</div> <div>1:00p - Health Ministry Team (LH)</div> <div>3:45p - Treasure Kids Club (Pearson)</div> <div>7:00p - Young Adult Lenten Bible Study (LH)</div>	<div>17</div> <div>Assistant Rector's Day Off</div> <div></div>	<div>18</div> <div>3:30p - Accidental Grace Practice</div> <div>5:00p - Holy Eucharist (Church)</div> <div>6:00pm - Parents' Night Out (Elite Escape Room)</div>
<div>19 LENT 3</div> <div>7:30a - Holy Eucharist Rite I (Church)</div> <div>9:00a - Holy Eucharist Rite II (Church)</div> <div>9:15a - Children's Chapel (Nursery)</div> <div>10:00a - Holy Eucharist (Buena Vida)</div> <div>10:15a - Youth Group (LH)</div> <div>10:30a - Sunday School (Pearson)</div> <div>10:30a - Adult Sunday School (PH)</div> <div>11:15a - Holy Eucharist Rite I (Church)</div>	<div>20</div> <div>11:00a - Lenten Bible Study (LH)</div> <div>2:00p - Exercise Class (LH)</div>	<div>21</div> <div>Co-Rectors' Day Off</div> <div>10:00a - Daughters of the King (LH)</div> <div>12:15p - Keenagers (PH)</div>	<div>22</div> <div>7:00a - Holy Eucharist (Church)</div> <div>10:30a - HE / Healing (Church)</div> <div>11:30a - Lenten Bible Study (LH)</div> <div>5:30p - Trinity Ringers (LWR)</div> <div>5:45p - Lenten Dinner (PH)</div> <div>6:30p - Lenten Bible Study (PH)</div> <div>6:30p - Youth Social Night (LH)</div> <div>6:45p - Family Choir (LWR)</div>	<div>23</div> <div>9:30a - Staff Meeting (LH)</div> <div>3:45p - Treasure Kids Club (Pearson)</div> <div>7:00p - Young Adult Lenten Bible Study (LH)</div>	<div>24 NEWSLETTER FOLDING</div> <div>Assistant Rector's Day Off</div> <div>9:00a - Newsletter Group (LH)</div> <div>New Beginnings (Camp Wingmann, thru 3/26)</div>	<div>25</div> <div>3:30p - Accidental Grace Practice</div> <div>5:00p - Holy Eucharist (Church)</div>
<div>26 LENT 4</div> <div>7:30a - Holy Eucharist Rite I (Church)</div> <div>9:00a - Holy Eucharist Rite II (Church)</div> <div>9:15a - Children's Chapel (Nursery)</div> <div>10:15a - Youth Group (LH)</div> <div>10:30a - Sunday School (Pearson)</div> <div>10:30a - Adult Sunday School (PH)</div> <div>11:10a - Order of St. Luke (PR)</div> <div>11:15a - Holy Eucharist Rite I (Church)</div>	<div>27</div> <div>11:00a - Lenten Bible Study (LH)</div> <div>2:00p - Exercise Class (LH)</div>	<div>28</div> <div>Co-Rectors' Day Off</div> <div>10:00a - Prayer Shawl Ministry (LH)</div>	<div>29</div> <div>7:00a - Holy Eucharist (Church)</div> <div>10:30a - HE / Healing (Church)</div> <div>11:30a - Bible Study (LH)</div> <div>5:30p - Trinity Ringers (LWR)</div> <div>5:45p - Lenten Dinner (PH)</div> <div>6:30p - Lenten Bible Study (PH)</div> <div>6:30p - Youth Social Night (LH)</div> <div>6:45p - Family Choir (LWR)</div>	<div>30</div> <div>9:30a - Staff Meeting (LH)</div> <div>3:45p - Treasure Kids Club (Pearson)</div> <div>7:00p - Young Adult Lenten Bible Study (LH)</div>	<div>31</div> <div>Assistant Rector's Day Off</div>	<div>April 1</div> <div>3:30p - Accidental Grace Practice</div> <div>4:30-6:30p - BP Screenings (Narthex)</div> <div>5:00p - Holy Eucharist (Church)</div> <div>6:15p - Newcomer Welcome Dinner (PH)</div>

Health Ministry News

Which Massage Therapy is Right for You?

by Peggy Snead, RN, LMT



With Massage Therapy a household word and most of us familiar with the profession and benefits, we might get confused with all the different modalities available. What is best for our needs? Here's a description of five well known massage techniques.

Swedish Massage: This system of bodywork is the core of all professional training. Performed in a full body format, the focus is the musculoskeletal system using an oil based lubricant. Pressure is from superficial to moderate, with the treatment lasting from 60 to 90 minutes. (Theory and Practice of Body Massage by Frank Nichols p113-114. © 1980, Milady Publishing Corp.)

Sports Massage: Focusing on pre and post treatment for athletics, Sports Massage has been shown to reduce muscle soreness and swelling, increase recovery time and rid the muscle of metabolic waste. A reduction in the rate of injury has also been reported. (Encyclopedia of Alternative Medicine, © 2005, the Gale Group, inc.)

Rolfing: Developed by Ida Rolf, PhD (1896-1979), she theorized that our bodies are intricate with earth's gravity. In a ten session series, functional improvement is achieved reducing the risk of wear and tear from structural imbalance. Some variations include Mysfascial Release, Connective Tissue Massage and Structural Integration. (Rolfing and the Physical Reality, Ida P. Rolf, PhD)

Medical Massage: Wikipedia describes this as "an outcome based treatment.....targeting specific problem(s) the patient presents within a diagnostic model. Treatment is planned after assessment and evaluation with specific goals is established." Not normally a full body treatment, this "hands on therapy" has roots in historic medical texts in both Eastern and Western medicine and has made a comeback in today's medicine.

Neuromuscular Therapy: A precise treatment of the body's soft tissue using regional, step by step protocols, some benefits include relief from ischemia (reduced blood flow to the muscle), nerve entrapment, and dysfunctional gait patterns. It is highly effective in reducing long standing pain, and is performed by a certified NMT therapist. (© 2015 NMT Center, all rights reserved)

Cost for treatment varies according to the degree of specialty, time involved and clinic rates. An experienced LMT should tailor the session to your needs. Always look for certifications and licensure. And most important, enjoy!

Blood Pressure Screenings – March 4 & 5: Have your Blood Pressure screened in the Narthex at the west door behind a privacy screen. Everyone is welcome, both visitors and parishioners! The schedule is: Saturday, 4:30-6:30pm; Sunday, 8:15am-12:45pm.



Mark Your Calendars to Join the Palm Cross FUN!

Thursday, April 6 at 9:00am

We'll be getting together to make Palm Crosses which will be delivered to all the patients in Holmes and Palm Bay Hospitals, and residents of Buena Vida on Palm Sunday. NO EXPERIENCE IS NECESSARY. Look for more details to come in the upcoming weekly announcements!

CHILDREN & YOUTH



VBS 2017! Miracles of Jesus

June 12-16, 9:00am - 12:00pm

Let's journey back in time and join the crowd as we witness several miracles of Jesus. We will share an amazing week of adventure and learn about the ministry of God's amazing son. There will be many creative opportunities to explore these stories and grow our relationship with Christ!

From Youth Minister, Phil!

This month youth events will continue as normal, but in addition there is a Young Adult Bible Study starting up on March 2. We plan to kick off with the rest of the church studying Adam Hamilton's *24 Hours that Changed the World*. The new weekly schedule will go like this:

- **Sunday Youth Group** – Meets after the 9:00am service. We go up during communion so we can head over to Lewis Hall for Bible study and fellowship. This month we will focus on the last 24 hours of Jesus Christ similarly to other groups. We usually fit in some fun activities and wrap up around 11:30am.
- **Wednesday Social Night** – Dinner at 6:30pm, games at 7:00pm. Then from 7:30-8:00pm we come together to discuss faith-based questions asked by the youth. On Ash Wednesday (March 1) we will meet with the rest of the church for service at 6:30pm, so pizza and games will be off for that night.
- **Thursday Young Adult Bible Study (YABS)** – Starting March 2 we will meet at Lewis Hall at 7:00pm to kick off our series for Lent. After we wrap up with Lent we will start a new study on a book of the Bible.

There are a couple special events to get excited for as well:

- **Parents' Night Out** will be Saturday, March 18. Here the youth can earn a few community service hours by helping watch the younger kids as their parents take a night off.
- **New Beginnings** retreat for Middle School students will be held at Camp Wingmann March 24-26. This is a great program that has really picked up steam in the last couple years under the leadership of Rev. Phyllis Bartle, and can really help students own their faith.

Summer Camps at Camp Wingmann

MARK YOUR CALENDARS NOW!

June 11-16	Camp St. Mark (Senior High Campers - entering Grades 9-12)
June 18-23	Camp St. Barnabas (Middle School Campers - entering Grades 6-8)
June 25-30	Camp Trinity (Elementary Campers - entering Grades 3-5)
July 9-14	Camp St. Peter (Senior High Campers - entering Grades 9-12)
July 16-21	Camp St. Francis (Middle School Campers - entering Grades 6-8)
July 23-28	Camp St. Mary (Elementary Campers - entering Grades 3-5)



For more information, visit www.campwingmann.org. Registration will begin soon.

Healing Teaching will meet on Wednesday, March 1 at 9:15am in the Historic Chapel. They are studying a series of studies authored by Bishop Owen Dowling of the Anglican Church of Australia.

Rev. Pam’s Bible Study continues on Mondays at 11:00am in Lewis Hall. During Lent they will be following the Lenten Bible Study, *24 Hours that Changed the World*. Everyone’s invited! Questions? Just ask Rev. Pam.

Fr. Steve’s Bible Study continues on Wednesdays at 11:30am in Lewis Hall. During Lent they will be following the Lenten Bible Study, *24 Hours that Changed the World*. All are invited to attend! Questions? Ask Fr. Steve.

Movement Class continues to have fun while getting fit! Won’t you join us? Mondays at 2:00pm in Lewis Hall. The cost is \$3. Take a sample class for free!

Adult Sunday School continues after the 9:00am service in the Parish Hall with a study of the letter of Paul to the Colossians. Questions? Call Jack Bottomley at 321-622-5649.

Prayer Shawl Ministry will meet on Tuesday, March 28 at 10:00am in Lewis Hall. If you don’t know how to knit or crochet, we’ll be happy to show you how! Please join us!

Recent Newcomers: Holy Trinity would like to welcome our recent newcomers: Carla & Mark Anderson, Chad & Leigh Breznay and their sons, Graham and Blake, Joan & Devon Sleight, and Renée Blair.

St. Catherine’s Guild will meet Tuesday, March 14 at 9:30am in Lewis Hall. All Women of the Church are invited. Good snacks and friendly faces. Please come! Contact Janet Autio (757-9989) with questions.

Parish Life

Linen Group will meet on Wednesday, March 1 at 10:00am in Lewis Hall. Call Janet Autio with questions: 321-266-0266.

Keenagers will meet on Tuesday, March 21 at 12:15pm for our luncheon in the Parish Hall. Please bring a dish to share. Newcomers are always welcome. For more information, call Rose Himmenger, 951-7320.

Parents’ Night Out will meet on Saturday, March 18, 6:00-10:00pm. This month we will adventure to *Elite Escape Room* for a group building exercise. We’ll challenge our problem solving skills, have some laughs, and then grab a bite to eat before picking up our kids. Cost is \$20/ person. Childcare will be provided at the church by Phil and the youth group, including pizza, activities, and a movie. There will be nursery care available as well. You can check out the website at eliteescaperoom.com.

St. Margaret’s Guild: Hey ladies! Please come and join St. Margaret’s Guild for our annual St. Patrick’s Day potluck luncheon on Thursday, March 16 at 11:00 am in the Parish Hall! The luncheon theme is: Bring a dish to share that you would like to see at the end of the rainbow. St. Cuthbert’s will be providing brew for our festivities! The brew is exceptional and is certainly worth a journey to St. Margaret’s to try some. We are planning for our Road Trip to Trinity Church in Vero Beach followed by lunch at Captain Hiram’s in April. If you have any questions or want to sign up for the road trip, please call Barbara Dillery at 676-2062. We are a stress free group. No worries!

Bible Study, Daily Devotion & Healing Prayer led by The Rev. Meghan Farr will be held at Trinity Towers East on the second Tuesday of each month, this month: March 14. Bible Study will begin at 10:30am, and will be followed by Daily Devotion and Healing Prayer at 11:15am.

Coloring the Psalms at TTS!
REFLECT • RELAX • REJOICE!
Join Rev. Meghan on Wednesday, March 15 at 2:30pm in the Trinity Towers South Dining Room as we color and pray the Psalms. We’ll having coloring, crafts, singing & more. All materials provided.

Hospital Visits: Our Parish Secretaries call Holmes Regional Hospital daily to check for parishioners, but there are times when the Hospital is unable to give them the names due to HIPAA laws. As a result, it is possible that you or your loved one could be in the hospital, and we will not know about it. The best way for our clergy to know if you or a loved one are in the hospital is to call the office and let us know. Also, please note that Wuestoff Hospitals have no system in place to let us know about our parishioners in their care, so it is essential for you to call us directly to let us know if you are there. Thank you!

Newsletter Folders Needed!
Our dedicated team of newsletter folders is in need of some extra helping hands. They will meet on Friday, March 24 at 9:00am in Lewis Hall. Breakfast goodies will be served! Questions? Call the office (321-723-5272).

Send Me, Lord: For help with meals or transportation from one of your brothers or sisters in Christ, call the church office: 723-5272. You can also call if you would like to volunteer for this ministry.

Daughters of the King will meet on Tuesday, March 21 at 10:00am in Lewis Hall. If interested, please contact Dinah Beverley at 321-724-2879.

Adding & Removing Names to the Prayers of the People:
When possible, please call the Church Office with your prayer requests by Friday morning if you’d like them included in the Prayers of the People. Last-minute prayer requests may also be given to an usher or a member of the clergy before any service.

March Birthdays

2	June Golder Ruby Drinkwater Barbara Bayley Bonnie Register Joy Willard-Williford Kayla Denson Iona Peters	15	Nance Burroughs Maylee Reynolds Allison Loftis Wally Gaffney Louise Maheux Meghan Farr Mary Keene Daniel Farr
3	Rose Himmenger Jon Jahn Linda Edwards Glen Gray Mark Luttrell Craig Rogers	16	Trish Schneider Joan Snead Carolyn Karlsson Philip Couse Ginie Eaton Babs Ervin Karen Dawson
4	Jack Hartley Clare Puchaty Dawn Shanks	17	Betty Adams Patsy Beckman Paulette Libak Nancy Hill Lorraine McKenzie Cindy McCrackin Jay Brown
5	Margaret Ashline	18	Brian Brend
6	Rene Paquette Paulette Statlick Jackson Altonaga	19	Mary Meeks Barbara Dillery Kate McGill Jennifer Kennedy Will Schutte
9	Clarett Forbes George Guthrie	20	Jared Fogg Clara Andrews Isaac Andrews Andrew Brend
11	Alice Orvis Anne Brown Lisa Merrill	21	Terry Knowles Nancy Hanson Linda Bayne
12	Jordan Chesley Devyn Cummings	22	
13	Mickey Arbogast Bill White Paul Loftis Tristan Brend Liam Diaz	23	
14	Rosalie Hue Bob Register	24	

March Anniversaries

1	Daniel & Meghan Farr	13	Vern & Sharon Lester
4	Scott & Candace Harris	15	Frank & Anna Bourne
10	Michael & Alvina Pitches	20	Stanley & Gerda Finkenthal
		28	A.B. & Joyce Amis

Recent Baptisms

Blake Breznay	February 12, 2017
Graham Breznay	February 12, 2017

Recent Deaths

Patty Davis	February 3, 2017
Gene Eley	February 11, 2017

Holy Trinity Episcopal Church

Bible Verse for 2017:
“Bless the Lord, O my soul, and all that is within me, bless his holy name.” (Psalm 103.1)

Our Mission:
To know Christ and to make Him known.

Our Vision: Every member in ministry.

CLERGY

The Rt. Rev. Gregory O. Brewer	Bishop
The Rev. Stephen Easterday	Co-Rector
The Rev. Pamela Easterday	Co-Rector
The Rev. Meghan Farr	Assist. Rector for Pastoral Care
The Rev. William G. Lewis	Rector Emeritus
The Rev. Stacey Westphal	Deacon
The Rev. Vicky Collins	Deacon Emeritus, Retired

STAFF

Madelyn Belt	Financial Assistant
Amy Cain	Substitute Secretary
Keith Cain	Financial Administrator
KC Crawley	Children’s Minister
Eloise Evans	Family Choir Director
Sharon Lester, Cheryl Stephens	Parish Secretaries
Patti Loyd	Connections Coordinator
Phil Nunez	Youth Minister
Sarah Pierce	Accidental Grace Director
Humberto Santiago	Facilities Manager
CW Sorrows	11:15am Worship Leader
David Vogeding	Organist
Milt Miller	Thrift Shop Manager
Carolyn Wilt, RN	Faith Community Nurse
Randy Wouters	Accidental Grace Director

HOLY TRINITY VESTRY

Faye Bottomley ‘18: ***Sr. Warden, Personnel***
Joe Libasci ‘19: ***Jr. Warden, Chapel***
Frank Dawson ‘19: ***Clerk, Children & Families, Website Development***
Mike Crews: ***Treasurer, Kitchen/Chapel, HTEA Rectors’ Representative***
Gail Pearson: ***Assistant Treasurer***
Kevin Bartczak ‘18: ***Thrift Shop, Finance, Chapel***
Alan Smith ‘18: ***Youth, Finance***
Tom Stallard ‘18: ***HTEA Representative***
Janet Gray ‘19: ***Prayer, Worship***
Jeanne Hakkila-Wills ‘19: ***Demographics - Hospitality***
Jay Olsson ‘20: ***Health Ministry***
John Seybold ‘20: ***Youth, Demographics - Outreach***
Roger Teurfs ‘20: ***Audit Committee Oversight***
Nancy Trezza ‘20: ***Hospitality***

WORSHIP SCHEDULE

Sunday:	7:30am 9:00am 11:15am	Holy Eucharist Rite I Holy Eucharist Rite II Holy Eucharist Rite I
Wednesday:	7:00am 10:30am	Holy Eucharist Holy Eucharist & Healing
Saturday:	5:00pm	Holy Eucharist, Contemporary



TRIBUNE

Holy Trinity Episcopal Church

1830 South Babcock Street • Melbourne, Florida 32901

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www.holytrinitymelbourne.org

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Looking ahead . . .

HOLY WEEK SCHEDULE

Monday, April 10

6:30pm Tenebrae Service (Church)

Wednesday, April 12

7:00am Holy Eucharist (Church)

10:30am Holy Eucharist/Healing (Church)

Maundy Thursday, April 13

6:30pm Holy Eucharist with
Footwashing (Church)

Good Friday, April 14

12:00pm Meditations on the Seven
Last Words of Christ (Church)

2:30pm Stations of the Cross (Church)

6:30pm Good Friday Children & Families
Service (Church)

EASTER SCHEDULE

Saturday, April 15

6:30pm Easter Vigil (Church) followed
by an ICE CREAM SOCIAL!

Sunday, April 16

7:00am Holy Eucharist - Rite I (Church)

9:00am Holy Eucharist - Rite II (Church)

9:00am Family & Children's
Eucharist (Gym)

10:30am Easter Egg Hunt (School
Playground)

11:15am Holy Eucharist - Rite I (Church)