

Inside This Edition

From The Co-Rectors	
	2
Bishop's Visit	3
UTO Fall Ingathering	3
Children & Youth News	4
WCFN Continues	5
Events Calendar	6
Gifts From the Heart Shop	8
Christmas Caroling	8
Reception for Phil	8
Women's Retreat	8
Trip to the Holy Land	8
Parish Life	9
Health Ministry News	10
Blue Christmas Service	10
Birthdays & Anniversaries	11
Thanksgiving Eve Service	12

9TH ANNUAL MEN'S RETREAT:

ACTS Men Called & Lent

Featured Speaker:

The Rev. Canon Dr. Justin Holcomb, Canon for Vocations, Episcopal Diocese of Central Florida

November 17 - 19, 2017

at Camp Wingmann

MEN! Mark your calendars now to attend the 2017 Men's Retreat held on the grounds of Camp Wingmann Retreat and Conference Center in Avon Park, FL. Seek God's call on your life as you explore the Book of Acts. It

is open to all men (and friends) in the Episcopal Diocese of Central Florida.

This year the goal of the retreat is to explore God's call on your life through reflections on the Book of Acts. The session titles are: You Are the Glory of God; The Glory Impossible; Ordinary Men and Extraordinary Grace; Advocate, Mediator, Intercessor; and God's Love To You and Through You.



Sign-up sheets and brochures are in the Narthex and church office. The deadline to register is Monday, November 8. Questions? See Fr. Steve. Register at www.campwingmann.org.



We will also celebrate All Saints' weekend following each service on Saturday, November 4, and Sunday November 5.

FROM THE CO-RECTORS

Beyond Denial: Through The Cross of Jesus to Resurrection Every Day of Our Lives

lesus asked the disciples, "Who do you say that I am?" (Matthew 16:15) Simon Peter answered correctly. "You are the Messiah, the Son of the Living God." "And Jesus answered him, 'Blessed are you, Simon! For flesh and blood has not revealed this to you, but my Father in heaven. And I tell you, you are Peter, and on this rock I will build my church, and the gates of Hades will not prevail against it. I will give you the keys of the kingdom of heaven, and whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven." Those are the words that gave rise to the tradition that Peter would be the first among the apostles, the chief of the Bishops and the one with the keys of the kingdom, the keys of forgiveness and the blessing of God.

What follows next in the Gospel is Jesus telling the disciples that he will suffer and be killed, and on the third day be raised. (Matthew 16:21) And so Peter, who by now is pretty sure of himself, says "God forbid it, Lord! This must never happen to you." The response Jesus gives him is the harshest thing lesus ever says to anyone. lesus says, "Get behind me, Satan! You are a stumbling block to me; for you are setting your mind not on divine things but on human things."

So why is lesus so hard on Peter? How did the Rock of the church get it so wrong? What was Satanic about Peter's comments? After all, wouldn't you balk at the prospect of a good friend going through great suffering before being killed by evil men? Wouldn't you say, as Peter said, "God forbid it?"

Maybe, but I think lesus' reaction to Peter was based on the fact that Peter knew the score and refused to accept it. Peter knew, by inspiration, by divine revelation, that Jesus was indeed the Messiah, but he also knew, because lesus the Messiah had just told him so, that the elders and the chief priests and the scribes were going to torture Jesus and then kill him. And I might add that this message that Jesus would be rejected and then killed in Jerusalem was quite logical based on what lesus had been preaching and how he was being received by the authorities, who were clearly planning how to destroy Jesus. So Peter "knew the score" but went into deep denial, which is understandable but not Godly.

By the time you get to this point in Matthew's Gospel, Jesus has completed much of his earthly preaching ministry and is getting ready to take his last trip from Galilee to Jerusalem where he will be crucified. He has already challenged

the religious authorities by healing on the Sabbath and by speaking plainly of the corruption of the religious authorities. He has given his great moral teaching in the Sermon on the Mount, fed the 5000 and has even walked on water. Peter was close enough to lesus to see that indeed he was the Messiah, the Son of the Living God and he said so. The problem was that he was also close enough to know what would happen when they got to Jerusalem. He could surely see the crucifixion coming for Jesus. But Peter preferred to be in deep denial of this part of his knowledge of Jesus.

Have you ever known someone who has a friend in the end stages of a terminal illness, and the person can only bring himself to say to his dying friend something like, "Oh, I'm sure that you will get over this"? Or have you ever known someone who has a friend with an alcoholic, abusive spouse? And the person simply prefers not to "notice" the abuse their friend is suffering. The denial in those cases insulates the person from their friend's pain and suffering. That kind of denial is often unintentional, but it is cruel nonetheless, and it fractures relationship and prevents wholeness for anyone in the situation. This was Peter's sin and Jesus would not stand for it, especially since it came from his chief apostle, who

Sometimes we human beings get the idea that life should never involve any difficulty or suffering. This is a false idealism that often binds us to our denial of life. The truth is that as human beings we suffer in life, simply because the world is a broken place. We are born out of pain. As children we all fall down and get bloody knees. Our bodies struggle to fight off infection. In our emotional lives we make friends, but sometimes experience betrayal. We fall in love, but sometimes our hearts are broken. Most of us struggle with several illnesses before we are done with our lives here on earth. --- We all encounter some troubles and for some there are horrible times. There are hurricanes and floods (and other natural disasters) that fill our news and make us sad. The world is a broken place, and so often we are broken people But the message of God is that we must not deny our troubles. Instead we must move through the darkness of suffering into the light of resurrection. We must keep our eyes on God, even as we carry our crosses in the sure and certain knowledge that resurrection will come.

The Christian faith is powerful, because it involves God giving us hope on a personal level. God is always working with us to restore our broken bodies and our broken world in the face of suffering. Jesus showed us how in the way he lived and died and rose again. His way is that when the world gives you hate then with God's help you push through to love. His truth is that if the world gives you grief then with God's help you push through to joy. His life is that if the world gives you death then with God's help you push through to new life in Christ.

St. Paul says it like this in Romans chapter 12, "Let love be genuine... Serve the Lord. Rejoice in hope, be patient in suffering, persevere in prayer. Contribute to the needs of the saints; extend hospitality to strangers... Do not be overcome by evil, but overcome evil with good." (Romans 12:9, 11b-13, 21) In other words, God helps us move from denial to the reality of carrying crosses in our lives. And then God leads us to a resurrected life after we have looked squarely at whatever we face, be it massive flooding or illness or divorce or problems in a relationship, or financial problems or even death. God leads us to life, often not an easy life, but a deep spiritual life with the real and abiding presence of lesus.

You know people often come to me for prayer, and I always ask them what to pray for. Whatever it is, it must be named and faced, so that the cross of the person, the problem they face, can be connected to lesus' cross, and then pulled through to his resurrection. If you don't name your cross, if you don't pick it up and carry it to Jesus, then he can't help

you transform that cross to the victory of resurrection. That is why denial is so bad in this story; it prevents resurrection living. But let me tell you a secret here. If you manage with God's help to see the bad things in your life clearly with all reality, then you have the potential, with God's help, to move through them. But what is even sweeter is that once you see your problems with reality then you also see your blessings with all reality and then you know the sweetness of God's abundant life, even in the midst of the healing of your

TRIBUNE 💯

The Gospel in Matthew chapter 16 gives us a choice. We can deny our problems or we can offer our problems to God and seek his comfort and guidance. The Message Bible paraphrases the teaching like this, "Anyone who intends to come with me has to let me lead. You're not in the driver's seat; I am. Don't run from suffering; embrace it. Follow me and I'll show you how." (Matthew 16:24-25)

Go ahead, face your difficulties, pick up your cross, and live in Jesus' presence. Jesus is calling us to follow him as the risen Lord – the one who knows all about crosses. And lesus proves in his death and resurrection that hell cannot prevail against us. We are a people of resurrection and heaven and hope and faith in the God of Love through Jesus Christ our

Faithfully, Fr. Steve



The Bishop will be here for a service of Confirmation, Reception and Reaffirmation on Sunday, November 12 at 9:00am.

UTO Fall Ingathering: November 18/19

"Our Change Changes Lives"

UNITED THANK OFFERING (UTO) suggests that people should pray daily and give in recognition of their daily thanks for what God has given them. UTO Blue Boxes are available in the Narthex to help you gather your contributions, but it's suggested that you turn those coins into paper money or a check and place the donation in a UTO envelope (or a plain envelope, clearly marked "for UTO") for the actual ingathering. This way, you can use your Blue Box for many years – and many

thankful prayers. WHAT AM I THANKFUL FOR? - My Home, My Family, My Church, My Health... EVERYONE IS THANKFUL FOR SOMETHING. Checks may be made payable to Holy Trinity with a note on the check that it's for "UTO." To learn more, see the 2016 Grants List on display in the Narthex, or log onto http://www.episcopalchurch.org/page/united-thank-offering.



ADVENT CRAFT DAY!

Sunday, December 3rd



Calling all creative, crafty people! Mark your calendars for our Annual Advent Craft Day on December 3,

after the 9am worship service. Love kids, crafting or both?

Plan an Advent/Christmas craft to share. Pinterest and the web are great resources for ideas! Sign up in the Narthex beginning November 5, or by emailing kccrawley@holytrinitymelbourne.org.

Annual Children's Pageant Parts Picking Party!

Who: Children ages 3 and older What: Read through the pageant and

select roles

When: Sunday, December 10 at 10:30am

Where: Pearson Hall

It's always tons of fun and you Why:

don't want to miss out!

The pageant will be presented at the 3pm service in the church on Christmas Eve. Most rehearsals are on Sunday's after worship during our regular Sunday School time. There will be an extra evening rehearsal during the week leading up to Christmas. We hope to see YOU there!

From Youth Minister, PHIL!

- November 4 Confirmation Retreat @ The Rectory We will meet from 10AM to 2PM with optional kayaking to follow, lunch included! Our Sunday lessons have been set up to teach on Confirmation topics, and this event is the final stretch! Any 7th-12th graders who want to be Confirmed are encouraged to come, but if this date does not work out we will have an alternative available. RSVP/Questions at ptnunez@holytrinitymelbourne.org.
- November 12 Confirmation Sunday Bishop Greg Brewer will be at Holy Trinity during this weekend. If you or your youth are getting Confirmed or Reaffirmed please try to be early for the 9AM service! Youth Group will not meet on this Sunday, so see you at coffee hour!
- November 19 Youth Group We will meet back at our normal 10:30AM-11:30AM on Sundays with a new focus on modern faith, current events and effective prayer!
- November 22 Thanksgiving Break Whole Church Family Night will not meet the Wednesday before Thanksgiving, but otherwise youth and their families are welcome to join us every Wednesday evening starting with a prayer service at 5:30PM and dinner at 6PM.





CHECK THE CALENDAR (P. 6/7) FOR LOCATIONS

5:30-6:00p Prayer Service. November 1 will be a special All Saints' Day service with Holy Eucharist

5:00-6:00p Trinity Ringers Bell Choir Rehearsal

5:45-6:45p Buffet Dinner - Upcoming Menus:

- November 1: Chicken pot pie, salad and
- November 8: Lasagna, salad and dessert
- November 15: Meatloaf, mashed potatoes, salad and dessert
- November 22: NO WCFN please attend the 6:30pm Thanksgiving Eve service (see p. 12)
- November 29: Fettuccine Alfredo with chicken, salad and dessert

6:15-7:45p **Frolic Nursery Care**

6:30-7:45p Treasure Kids Club, Youth Group, Family Choir, Young Adult Group

6:45-7:45p Adult Confirmation Class (Nov. 1 only), Adult Bible Study (SEE BELOW), Chancel Singers

ADULT BIBLE STUDY TOPICS in NOVEMBER:

November 1: Rev. Meghan will conclude her study of NT Wright's book, Surprised by Hope: Rethinking

Heaven, the Resurrection and the Mission of the Church.

November 8: Dr. Gordon Patterson will give a special presentation on **Martin Luther's 95 Theses.** "A

Christian," Martin Luther observed, "is never a state of completion but always a process of becoming." Five hundred years after the fateful night in which Luther nailed his Ninety-Five Theses on the chapel's door, Luther's life and work continues to influence the "process of becoming" which we call Christianity. In his 63 years Luther did more to define the character of modern Christianity than any individual in the modern era. His conviction that we are all part of a priesthood of all believers who are justified by faith marked the beginning of the Protestant Reformation. This presentation will focus on Luther's life and work and his belief in the redemptive power of God's grace through Jesus Christ. Gordon Patterson is a professor of history at Florida Institute of Technology and has been a member of Holy Trinity since coming to Melbourne in 1981.

November 15: Asia Missions: Fr. Loren and Linda Fox will give a presentation on their mission work in Asia.

November 22: NO WCFN - You're invited to attend the 6:30pm Thanksgiving Eve service (see p. 12)

November 29: A new study will begin: The Season of Advent and Its Saints

Something for Everyone!

Holy Trinity Events Calendar: November 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
GUIDE: (Church) = Main Church (LH) = Lewis Hall (TTS) = Trinity Towers South (TTE) = Trinity Towers East 5 ALL SAINTS' WEEKEND Daylight Saving Time ENDS 7:30a - Holy Eucharist Rite I (Church)	(Pearson) = Pearson Hall (Chapel) = Historic Chapel	(PH) = Parish Hall (FR) = Flower Room	1 WCFN / ALL SAINTS' DAY 7:00a - Holy Eucharist (Chapel) 9:15a - Small Group Healing Prayer (Chapel) 10:00a - Linen Guild (LH) 10:30a - HE / Healing (Chapel) 11:30a - Bible Study (LH) 5:00p - Trinity Ringers (LWR) 5:30p - All Saints' Service (Church) 5:45p - Buffet Dinner (PH) 6:30p - Choir Practice (LWR), Treasure Kids Club (Pearson), Youth Group (LH), Young Adult Group (Book Nook) 6:45p - Chancel Singers (Church), Adult Bible Study (PH), "Why Episcopal" Adult Confirmation Class (LH) 8 WHOLE CHURCH FAMILY NIGHT 7:00a - Holy Eucharist (Chapel) 10:30a - HE / Healing (Chapel)	9:30a - Staff Meeting (LH) 11:30a - Buildings & Grounds (LH) 9 9:30a - Staff Meeting (LH)	3 Assistant Rector's Day Off 10 Assistant Rector's Day Off	4 ALL SAINTS' WEEKEND 10:00a - Youth Confirmation Retreat (Rectory) 2:00p - Youth Kayaking (Rectory) 3:30p - Accidental Grace Practice 4:30- 6:30p - BP Screenings (Narthex) 5:00p - Holy Eucharist (Church)
8:15a-12:45p - BP Screenings (Narthex) 9:00a - Holy Eucharist Rite II / DOK Corporate Communion (Church) 9:15a - Children's Chapel (Nursery) 10:30a - Youth Group Sunday School (LH) 10:30a - Sunday School (Pearson) 10:30a - Adult Sunday School (PH) 11:15a - Holy Eucharist Rite I (Church)	11:00a - Bible Study (LH) 2:00p - Exercise Class (LH) 6:00p - Yoga for Health (LH) 6:15p - HTEC Foundation (LH)	11:00a - Coloring the Scriptures (LH)	11:30a - Bible Study (LH) 5:00p - Trinity Ringers (LWR) 5:30p - Prayer Service (Church) 5:45p - Buffet Dinner (PH) 6:30p - Choir Practice (LWR), Treasure Kids Club (Pearson), Youth Group (LH), Young Adult Group (Book Nook) 6:45p - Chancel Singers (Church), Presentation on Martin Luther's 95 Theses (PH)	5:30p - Finance (LH) 6:30p - Vestry Meeting (LH)		3:30p - Accidental Grace Practice 5:00p - Holy Eucharist (Church)
12 BISHOP'S VISITATION 7:30a - Holy Eucharist Rite I (Church) 9:00a - Holy Eucharist Rite II & Service of Confirmation (Church) 9:15a - Children's Chapel (Nursery) 10:30a - Sunday School (Pearson) 11:15a - Holy Eucharist Rite I (Church)	9:30a - Flower Arranging (FR) 11:00a - Bible Study (LH) 2:00p - Exercise Class (LH) 6:00p - Yoga for Health (LH)	14 Co-Rectors' Day Off 10:00a - St. Catherine's Guild (LH) 11:00a - Coloring the Scriptures (LH)	15 WHOLE CHURCH FAMILY NIGHT 7:00a - Holy Eucharist (Chapel) 10:30a - HE / Healing (Chapel) 11:30a - Bible Study (LH) 2:30p - Coloring the Psalms (TTS) 5:00p - Trinity Ringers (LWR) 5:30p - Prayer Service (Church) 5:45p - Buffet Dinner (PH) 6:30p - Choir Practice (LWR), Treasure Kids Club (Pearson), Youth Group (LH), Young Adult Group (Book Nook) 6:45p - Chancel Singers (Church), Asia Mission (PH)	9:30a - Staff Meeting 11:00a - St. Margaret's Guild (LH) 6:00p - Health Ministry Team (LH)	17 NEWSLETTER DAY Assistant Rector's Day Off 9:00a - Newsletter Team (LH) MEN'S RETREAT (Camp Wingmann, thru 11/19)	3:30p - Accidental Grace Practice UTO INGATHERING 5:00p - Holy Eucharist (Church)
19 UTO INGATHERING 7:30a - Holy Eucharist Rite I (Church) 9:00a - Holy Eucharist Rite II (Church) 9:15a - Children's Chapel (Nursery) 10:00a - Holy Eucharist (Buena Vida) 10:30a - Adult Sunday School (PH) 10:30a - Youth Group (LH) 10:30a - Sunday School (Pearson) 11:15a - Holy Eucharist Rite I (Church)	9:30a - Flower Arranging (FR) 11:00a - Bible Study (LH) 2:00p - Exercise Class (LH) 6:00p - Yoga for Health (LH)	21 Co-Rectors' Day Off 10:00a - Daughters of the King (LH) 12:15p - Keenagers Luncheon (LH)	7:00a - Holy Eucharist (Chapel) 10:30a - HE / Healing (Chapel) 11:30a - Bible Study (LH) 6:30p - Thanksgiving Eve Service 7:30p - Reception (PH)	23 THANKSGIVING DAY Church Office Closed	24 Church Office Closed	3:30p - Accidental Grace Practice 5:00p - Holy Eucharist (Church)
26 CHRIST THE KING SUNDAY 7:30a - Holy Eucharist Rite I (Church) 9:00a - Holy Eucharist Rite II (Church) 9:15a - Children's Chapel (Nursery) 10:30a - Adult Sunday School (PH) 10:30a - Youth Group (LH) 10:30a - Sunday School (Pearson) 11:15a - Holy Eucharist Rite I (Church)	9:30a - Flower Arranging (FR) 11:00a - Bible Study (LH) 2:00p - Exercise Class (LH) 6:00p - Yoga for Health (LH)	28 Co-Rectors' Day Off 10:00a - Prayer Shawl Ministry (LH) 11:00a - Coloring the Scriptures (LH)	29 WHOLE CHURCH FAMILY NIGHT 7:00a - Holy Eucharist (Chapel) 10:30a - HE / Healing (Chapel) 11:30a - Bible Study (LH) 5:00p - Trinity Ringers (LWR) 5:30p - Prayer Service (Church) 5:45p - Buffet Dinner (PH) 6:30p - Choir Practice (LWR), Treasure Kids Club (Pearson), Youth Group (LH), Young Adult Group (Book Nook) 6:45p - Chancel Singers (Church), Advent Bible Study (PH)	30 9:30a - Staff Meeting		

6 7

h Holy Trinity Episcopal Church



Gifts from the Heart

Christmas Shop

This Christmas, give TWO gifts in ONE!

Gifts from the Heart (GFTH) is back for a second season!

Please consider helping a family in need this pre-Advent season by selecting a tag off the giving tree in the Nartex during the month of November!

About GFTH: Gifts from the Heart Christmas Shop is a unique partnership between four local nonprofit organizations: Brevard Neighborhood Development Corporation (parent organization of the DOCK program), Club Esteem, Love Inc. and Family Promise of Brevard. Each organization serves

families who live on the economic margins of our community. Through your generous support, parents and guardians of children served by the four organizations are offered the opportunity to purchase and have wrapped Christmas gifts for their children at a greatly reduced and affordable cost at our Gifts from the Heart Christmas Shop. Each wrapped gift is, in essence, two gifts - a gift for the child and the gift of joy and an affirmation of dignity for the parent. Learn more at www.giftsfromtheheartshop.org.

Questions? Contact Lizi Huy at 321-543-0288. Thank you!

Mark Your Calendars for Christmas Caroling! December 10 at 3:00pm

Look for more information and sign ups in November!



Save the **Date! "Thank** You Phil" Reception

On Sunday, December 10 will will be honoring Youth Minister Phil Nunez for his service to Holy Trinity at a reception during the Coffee hour at 10:30am in the Parish Hall!

Save the date for

The Women's Retreat March 9-11, 2018

At Canterbury Retreat & Conference Center in Oviedo, Florida. Further information coming soon!



Travel to the Holy Land with Fr. Steve and Rev. Pam!



We invite you to join us on a trip to the Holy Land April 17-26, 2018. A journey following the footsteps of lesus will change the way we read the Bible. Our itinerary will include: Galilee, Cana, Nazareth, Jericho, Mount of Olives, Jerusalem, Bethlehem, and more. The all-inclusive price is \$3646 per person, double occupancy or \$4244, single occupancy. For more information, pick up a brochure at

church, or speak with Rev. Pam or Fr. Steve.

Small Group Healing Prayer

will meet on Wednesday, November 1 at 9:15am in the Historic Chapel. You are invited to come and join in praying for healing for yourself or someone you love. We gather. We share prayer concerns. Fr. Steve prays and the group prays for one another. If there is time after the prayer, then Fr. Steve presents a brief teaching on healing from the Bible.

Prayer Shawl Ministry will meet on Tuesday, November 28 at 10:00am in Lewis Hall. If you don't know how to knit or crochet, we'll be happy to show you how!

Yoga for Health continues to meet on Mondays at 6:00-7:15pm in Lewis Hall. This is a traditional Hatha Yoga program to strengthen the body and mind for service to the Lord. Suggested donation: \$5. For info and to sign up, call the office: 723-5272.

Rev. Pam's Bible Study continues on Mondays at 11:00am in Lewis Hall. They are studying 1 Kings, and all are invited to attend! Questions? Just ask Rev. Pam.

Fr. Steve's Bible Study continues on Wednesdays at 11:30am in Lewis Hall. They are studying Esther. All are invited to attend! Questions? Ask Fr. Steve.

Coloring the Scriptures

continues on Tuesdays at 11:00am in Lewis Hall. Did you know that coloring relieves stress? We will open with a brief devotion, and prayer requests will be offered at the close. All materials as well as a snack will be provided, but participants are welcome to bring their own coloring materials. They will not meet on November 21. Questions? Contact Rev. Meghan.

Daughters of the King will meet on Tuesday, November 21 at 10:00am in Lewis Hall. If interested, please contact Dinah Beverley at 321-724-2879.

Movement Class continues to have fun while getting fit! Won't you join us? Mondays at 2:00pm in Lewis Hall.





Parents' Night Out! Save the Date! The Annual Christmas Fundraising Parent's Night Out will take place on Saturday, December 2. We will gather for a time of fellowship and feasting, collecting any donations you have to offer in support a local agency during the Christmas season. More details will follow in the weekly announcements and by email. To be placed on our email list, speak to KC Crawley or call the church office, 723-5272! Please send your agency suggestions by email to kccrawley@holytrinitymelbourne.org by December 1.



St. Margaret's Guild: Please come and join St. Margaret's Guild on Thursday November 16 at 11:00am in Lewis Hall. We are continuing our themed potluck luncheons by popular demand. This month our theme is: Bring a dish to share that you are thankful for. If you don't feel like cooking, just bring yourself. There is always plenty of food to go around. Our meetings are fun and non-stressful. St. Margaret's Guild has some great cooks! Come and taste the dishes yourself! If you have any questions, please call Barbara Dillery at 676-2062.

Adult Sunday School, led by Jack Bottomley, continues on Sundays after the 9:00am service on the east side of the Parish Hall. They are studying the Book of Matthew. For more information contact Jack at 321-622-5649.

Holy Trinity Thrift Shop

welcomes you to come and shop! They have clothes, furniture, household items and much more - there's something for everyone! The shop is located in historic downtown Melbourne at 726 E. New Haven Avenue and it is open Monday - Saturday, 10:00am - 4:00pm. If you have items to donate to the Thrift Shop, you may bring them directly to the shop, or call 727-2797 for FREE pick-up.

St. Catherine's Guild: Ladies come spend time with us at our monthly meeting on Tuesday, November 14 at 10:00am in Lewis Hall. You will recognize many of our members as ladies you already know at church. No membership requirements, just show up and enjoy good company. Questions? Call Janet Autio--321-266-0266.

The Annual Parish Meeting will be held in the church immediately following the 9:00am service on Sunday, January 21, 2018. New Vestry members will be elected. The Nominating Committee to select candidates for Vestry will meet in November. The members of the Nominating Committee are: Faye Bottomley, Kevin Bartczak, Alan Smith, Tom Stallard and Becky Crews. If you would like to suggest a name for consideration as a potential member of the Vestry, please speak with a member of the Nominating Committee.

Keenagers will meet on Tuesday, November 21 at 12:15pm for our luncheon in Lewis Hall. Please bring a dish to share. Newcomers are welcome! For more information, call Rose Himmenger, 951-7320.

Recent Newcomers: Holy Trinity would like to welcome our recent newcomers: David Casper, Gretchen Myers and daughter, Emma, and Leslie Taylor.

Send Me, Lord: For help with meals or transportation from one of your brothers or sisters in Christ, call the church office: 723-5272. You can also call if you would like to volunteer for this ministry.

h Holy Trinity Episcopal Church

From Your Health Ministry Team

HERE IT IS... THE TIME OF THE YEAR WE LOVE...

Parties, extra special gatherings and dinner invitations fill our schedules, all with more food than we need. On average, five pounds of weight shows up on our scales and we wonder what happened. We can trick our bodies and minds into a



different mind-set with a few changes - don't hate the host for these simple changes... Controlling portion sizes is way to enjoy a variety of holiday foods without overdoing. As the host of event, try using smaller plates. Research show we will overload our plates at holiday gatherings and finish it all so as to not to insult the host. Smaller serving utensils can also help control how much food is served. Another option is a buffet table which requires quests to get up in order to get another serving. Focus the large platters with fruits and veggies and smaller ones with starchy and richer foods. Just a little sweetness goes a long way! Limit dessert to one or two choices. Research shows that in a dessert buffet, people tend to eat more because of the novelty of flavors. Friends will feel more satisfied with fewer options. Enjoying a festive meal together is what makes holidays special. After the meal a stroll outside or a fun activity will refresh the mind, aid the body's digestion and allow the celebration of the holiday to continue!

> The Holiday season is hard for those whose hearts are hurting. You are not alone.

Blue Christmas

is a gentle, contemplative service for those who are carrying pain or loss during this season of celebration.



Sunday, December 3 at 4pm in the main church

Holy Trinity Episcopal Church 50 W. Strawbridge Ave., Melbourne 321-723-5272

Birthdays for November

Maryse Bien-Aime Carol Perers-Scott Jane Kilps Maxi Suchoski

Molly Patterson Caitlyn Martin

Valerie Harbidge Betsy Ashcroft Adalynn Jacobson

JoAnn Bourne Tim Brown **Trinity Toler**

Bob Merrill Maggy Spadafora

Dottie Mitterling

Leila Seabold Connie Dow Leisa Todero Mason Hamilton Patrick McGill

Joan Cummings Amy Paauwe

Bruce Steger Sharon Lester Darrell Hill John Nusekabel Cecelia Crawley

19 Mary Meyers

19 Joe Libasci **Grace Peters**

20 Trevor Earle Nancy Morgan April Ardinger

21 Margaret Warner Kerry Hanson

22 Harold Drinkwater Nick DeSocio Peggy Braz **Sharon Jones** Nancy Kellermann Alice Gaffney **Grace Ferguson**

23 Al Merritt Carleen Vogeding Sonja Waterman

Betty Saxton Ranney McNally Sandy Blankenship

Lisa Mitchell 27 Joy Patterson

28 Louise Owens Susan Jennings Rebecca Fletcher

Heather Goodwin Tom Baker

Alvina Pitches Nathan Sevbold

Anniversaries for November

3 Alan & Sharon Smith Rov & Gill Streatfield

Rov & Jovce Wilmot

Jan & Donna Makowski

Jim & Becky Biggin

Al & Lois Dandrea

9 Tom & Mary B Stallard 10 Jason & Brooke Altonaga

10 Carey & Lori O'Neil

11 Frank & Stacev Westphal

15 Tom & Marilyn Ottesen

16 Darrell & Lisa Crum 19 John & Patty Briggs

22 Bob & Jenifer Marx

24 George & Maxine Thomas

26 Cal & Irene Jones George & Paulette Libak

Recent Baptisms

Dominique Harris October 1, 2017 Jackson Waterman October 15, 2017

Recent Deaths

Michael Proctor October 12, 2017 Steven Woodford October 16, 2017 Bobby Bechtel October 19, 2017

Holy Trinity Episcopal Church

Bible Verse for 2017:

"Bless the Lord, O my soul, and all that is within me, bless his holy name." (Psalm 103.1)

Our Mission:

To know Christ and to make Him known.

Our Vision: Every member in ministry.

CLERGY

The Rt. Rev. Gregory O. Brewer Bishop The Rev. Stephen Easterday Co-Rector Co-Rector The Rev. Pamela Easterday

Assist, Rector for Pastoral Care The Rev. Meghan Farr

The Rev. William G. Lewis **Rector Emeritus**

The Rev. Stacey Westphal Deacon

The Rev. Vicky Collins Deacon Emeritus, Retired

STAFF

Barbara Bayley 7:30am Organist Madelyn Belt Financial Assistant Amy Cain Substitute Secretary Keith Cain Financial Administrator Justin Clermont Accidental Grace Director KC Crawley Children's Minister **Eloise Evans Family Choir Director** Sharon Lester, Cheryl Stephens Parish Secretaries **Connections Coordinator** Patti Loyd Youth Minister Phil Nunez Megan Paauwe Children's Ministry Assistant Accidental Grace Director Sarah Pierce Humberto Santiago Facilities Manager 11:15am Worship Leader **CW Sorrows** David Vogeding 9:00 & 11:15am Organist Carolyn Wilt, RN Faith Community Nurse

HOLY TRINITY VESTRY

Fave Bottomley '18: Sr. Warden, Personnel Joe Libasci '19: Jr. Warden, Chapel Frank Dawson '19: Clerk, Children & Families, Website Development

Mike Crews: Treasurer, Kitchen/Chapel, HTEA Rectors' Representative

Gail Pearson: Assistant Treasurer

Kevin Bartczak '18: Thrift Shop, Finance, Chapel **Linda Edwards** '18: Hospitality

Alan Smith '18: Youth, Finance Tom Stallard '18: HTEA Representative Janet Gray '19: Prayer, Worship

Jeanne Hakkila-Wills '19: Demographics - Hospitality

Jay Olsson '20: Health Ministry

John Seybold '20: Youth, Demographics - Outreach Roger Teurfs '20: Audit Committee Oversight

WORSHIP SCHEDULE

Sunday: 7:30am Holy Eucharist Rite I 9:00am Holy Eucharist Rite II

11:15am Holy Eucharist Rite I

Wednesday: 7:00am Holy Eucharist

Holy Eucharist & Healing 10:30am Prayer Service

5:00pm Holy Eucharist, Contemporary Saturday:



NON-PROFIT ORG. U.S. POSTAGE PAID PERMIT NO. 513 MELBOURNE, FL 32901

RETURN SERVICE REQUESTED

